



JAMES H. BROWN

INJURY LAWYERS

When accidents happen go to JamesHBrown.com

ALBERTA'S LEADING
INJURY SETTLEMENTS

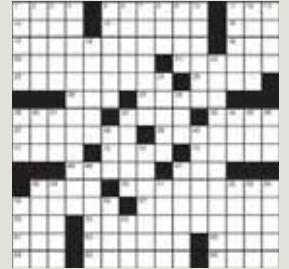
(see website)

(780) 428-0088

Edmonton metro



READY TO ENGAGE in EDMONTON
'Partisan politics does nothing,
especially for poor people'
DAILY ELECTION PAGE in metroNEWS



PUZZLES AND
FULL ANSWERS
INSIDE TODAY
metroPLAY

Your essential

MONDAY, SEPTEMBER 28, 2015

High 15°C/Low 7°C Sun and cloud



BRAEDEN JONES/METRO



YOU'VE GOT A FRIEND

MORE THAN 50,000 FANS CAME OUT FOR THE
EDMONTON COMIC AND ENTERTAINMENT EXPO

Ride-share battle turns provincial

TRANSPORTATION

Cabbie group looks to Alberta for legislation



Braeden Jones
Metro | Edmonton

Feeling like they faced a setback with city councillors this past week, some cabbies plan to take their fight to the province.

A petition circulated by the advocacy group Driving for Equality gained signatures during the meeting, as industry supporters expressed their desire for the creation of provincial legislation to regulate vehicle-for-hire services.

Group spokesman Pascal Ryfell said the issue cabbies have with Edmonton's ride-sharing bylaw draft "is going to be an

issue in every municipality."

"The ride-sharing debate in general is probably going to come up everywhere so we might as well look at provincial legislation to make it even across the province."

Ryfell added that NDP MLAs Rod Loyola and Christina Grey attended the meeting and heard his concerns.

Another petition at the meeting with a different end goal invited employees of the Greater Edmonton Taxi Service Inc. to join a local union.

Industry representative Balraj Manhas said it's likely the taxi industry will have enough signatures to join Alberta Teamsters Local 987 "as soon as next week."

"They'd have more power to fight legally and lobby, and also at least if it's unionized they are together if they want to go for any action," Manhas said.

One bed + den starting at \$1,425/MO

Avalon Court

RENT NOW! 5008 4 Ave SW
AvalonCourt.ca 780.700.8920

**RENT BRAND NEW
CONDO QUALITY UNITS**

Underground parking available
In-suite laundry

IMMEDIATE OCCUPANCY

IT'S DEAL TIME!

**2015
FIESTA 5DOOR**



#15FE011

FORD MSRP \$16,764
**DENNY'S
DEAL PRICE \$11,997**

**2015
FOCUS SEDAN**



#15FC025

FORD MSRP \$18,764
**DENNY'S
DEAL PRICE \$14,890**

**2015
FUSION HYBRID**



#15FU001

FORD MSRP \$32,849
**DENNY'S
DEAL PRICE \$24,929**

**2015
MUSTANG GT**



#15MU032

FORD MSRP \$39,399
**DENNY'S
DEAL PRICE \$31,996**

2015 F150 SUPER CAB 4X4



#15FL103

**FORD MSRP \$43,699
DENNY'S DEAL PRICE
\$29,994**



**IT'S SIMPLE!
IF YOUR DEALER DOES NOT
BEAT DENNY'S DEAL PRICE
STAND UP. WALK OUT!!**

We are at **182nd St. Stony Plain Road**

**2015
ESCAPE**



#15EP082

FORD MSRP \$26,039
**DENNY'S
DEAL PRICE \$20,890**

**2015
EXPLORER 4X4**



#15EX073

FORD MSRP \$41,599
**DENNY'S
DEAL PRICE \$32,680**

**2015
F150 CREW CAB 4X4**



#15FS331

FORD MSRP \$44,149
**DENNY'S
DEAL PRICE \$32,895**

**2015
F250 SUPER CAB 4X4 WESTERN EDITION**



#15FH086

FORD MSRP \$51,879
**DENNY'S
DEAL PRICE \$37,780**



Denny Andrews



182 ST. & STONY PLAIN ROAD 780-489-9999

**TOLL FREE:
1-800-252-9303**

www.dennyandrewsford.com

**SERVICE DIRECT:
930-3167**

All prices reflect rebates deducted and assigned to dealer including Costco program. Customer must meet eligibility requirements. In stock only. All prices plus applicable taxes. See dealer for complete details. Notice to competitors: If you are looking for the catch... there isn't one! We just sell for less!! sales price in effect Fri, Sept 4th - Wed, sept 30th



Nuit Blanche a first year success

Ryan Tumilty

Metro|Edmonton

Edmontonians embraced the night Saturday and organizers are calling the city's first Nuit Blanche a complete success.

"It went so smoothly. We had amazing audience members. We had really happy artists. We had great successful projects," said Ruth Burns, the event's chair.

Burns said their early crowd estimate is about 45,000 people, but that number includes only the people in and around Churchill Square, and they expect the number will be much greater when it includes other parts of the event.

She said it was great to see people endorse Nuit Blanche.

"All the different working pieces came together and we had a smooth, fun contemporary event that had so many people downtown in the middle of the night," she said.

Burns said when the event returns they may try to make room for more independent art installations, but they are just beginning to think about next time.

"We're already talking about it and thinking about it. We have no firm plans other than we are going to come back in 2017," she said.

Organizers have planned since the event was announced to take a year off, but Burns said given this year's success they wouldn't completely rule out an earlier return.

"I would always consider it. It's a resources question for us, really and that would be a compressed timeline."



Ouroboros by Gary James Joynes used analog synthesizers and custom machines to create visual representations of sounds inside city hall.



Workers stabilize Jon Sasaki's Bouncy Highrise.



Yoko Ono's Wish Tree set up in Sir Winston Churchill Square.



A papier mâché snowman does battle with a steamroller during Make It Flat, an installation by collective VS VS VS.



The Orange Girls Ensemble presented Where Did You Go during Nuit Blanche, with passersby able to add to the piece with their own work throughout the night.



Half the Air in a Given Space by Martin Creed, filled the pedway between City Centre Mall and the east parkade with balloons.



A view of Half the Air in a Given Space from below on 102 Avenue.

ALL PHOTOS: RYAN TUMILTY/METRO



Like summer, these offers won't last forever.

For a limited time only, enjoy cash credits on select 2015 models.

THE 2015 GLK 250 BLUETEC 4MATIC
TOTAL PRICE: \$51,735*

Finance rate	Lease rate	Lease payment	Includes	Plus Receive
0.9% ^{0/1}	2.9% ^{0/**}	\$398**	\$4,000†	3 months†
60 months	45 months	\$9,825 Down	cash credit	payments waived

*Taxes extra.

THE 2015 ML 350 BLUETEC 4MATIC
TOTAL PRICE: \$65,335*

Finance rate	Lease rate	Lease payment	Includes
1.9% ^{0/1}	3.9% ^{0/**}	\$638**	\$5,000†
60 months	39 months	\$8,625 Down	cash credit

*Taxes extra.

Plus August Diesel Fuel Rebate of \$1500 on 2015 GLK 250 Bluetec, 2015 E 250 BT, and 2015 ML 350 BT

Ask us about Prepaid Maintenance.

 Mercedes-Benz.ca/PPM

Mercedes-Benz

 The best or nothing.

David Morris Fine Cars, 17407-111 Avenue, 780-484-9000, davidmorrisfinecars.mercedes-benz.ca



© 2015 Mercedes-Benz Canada Inc. 2015 GLK 250 BlueTEC 4MATIC Avantgarde with optional Sport package and optional wheels/2015 ML 350 BlueTEC 4MATIC with optional Bi-Xenon headlamp package shown above for a total price of \$53,335/\$66,335. Total price of advertised 2015 GLK 250 BlueTEC 4MATIC/2015 ML 350 BlueTEC 4MATIC is \$51,735/\$65,335, which includes an MSRP of \$48,600/\$62,200, plus freight/PDI of \$2,495, dealer admin fee of \$495, air-conditioning levy of \$100, EHF tires of \$12.80, AMVIC Fee of \$6.25 and PPSA of \$25.80. Lease and finance offers based on the advertised vehicle are available only through Mercedes-Benz Financial Services on approved credit for a limited time. **Lease example based on a 45/39 month term, a lease APR of 2.9%/3.9%, and an MSRP of \$48,600/\$62,200. Monthly payment is \$468/\$698 with down payment or equivalent trade of \$9,825/\$8,625 plus security deposit of \$500/\$700 and applicable taxes due at lease inception. Total obligation is \$31,362/\$36,524. 18,000/18,000 km/year allowance (\$0.20/\$0.30/km for excess kilometres applies). †Finance example based on a 60/60 month term, a finance rate of 0.9%/1.9% and an MSRP of \$48,600/\$62,200. Monthly payment is \$729/\$953 with down payment or equivalent trade of \$7,997/\$9,337 due at time of sale. Cost of borrowing is \$985/\$2,673 for a total obligation of \$51,694/\$66,482. †Cash credit of \$1,000/\$1,500 included in advertised payment and must be applied at time of sale. Vehicle license, insurance, registration, and taxes are extra. Dealer may lease or finance for less. Offers may change without notice and cannot be combined with any other offers. Offers end September 30th, 2015.

Officer memorial at 100 names



Servicemen stand guard at the Pillar of Strength at the Alberta legislature on Sunday. RYAN TUMILTY/METRO

REMEMBRANCE

Edmonton honours two men killed in line of duty



Ryan Tumilty
Metro | Edmonton

Their fellow officers and regular Edmontonians came out in force Sunday as the province added two more names to the peace-officer memorial at the Alberta legislature.

The Pillar of Strength memorial added the names of St. Albert RCMP Const. David Wynn and Edmonton Police Const. Daniel Woodall, who were both killed in the line of duty this year.

With Woodall's addition, there are now 100 names of officers who were killed on the job.

Woodall's wife Claire said she was pleased to see so many people come out.

"It was a really, really amazing turnout. It means a lot to myself and the Wynn family," she said.

She said the service struck a

deeper emotional chord than she expected.

"It was a lot harder today than I thought it would be," she said. "It was difficult but it was needed, and we got great support from everybody."

Officers from the RCMP and Edmonton and Calgary police services as well as sheriffs, military police and correctional officers were all at the event.

Woodall said that shows the strength of the law-enforcement system: "It's a big family, and you can tell it's a close-knit family that is always going to be that way."

Lt. Gov. Lois Mitchell told the crowd she hoped the families of fallen officers took some comfort from the exemplary work the officers did.

"Nothing we can say today can take away the pain of your loss, but I hope you can take comfort in the legacy of service in their too-short time on the earth."

RCMP deputy commissioner Marianne Ryan said the annual memorial will always be a solemn reminder of the risks of the job: "It reminds us, very painfully, of the tragic realities of police work."

UNLIMITED TALK+TEXT+VOICEMAIL

\$20 /MO

was
~~\$30~~
/MO

HURRY IN - LIMITED TIME OFFER!

**INCLUDES
UNLIMITED:**

Province-Wide Talk,
Caller ID, 3-Way
Calling, Call Waiting
& Forwarding, North
American Text
+ MORE!



mobilicity.ca

Offer ends September 30, 2015 and is subject to change without notice. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. Offer valid only while customer is on automatic monthly payments (preauthorized credit/ debit payment). Save \$10/month on \$25/month unlimited plan when combined with \$5/month voicemail add-on while customer's account remains active. All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones and are subject to fair use policies available at http://mobilicity.ca/media/files/documents/Data_Fair_Use_Policy_1.pdf. Premium and special numbers are excluded. Additional terms and conditions apply. ©2015 Mobilicity. 'Mobilicity', 'Now that's smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

mobilicity
Now that's smart.

Mobilicity Stores

10730 97th St. NW
City Centre Mall
Millwoods Town Centre

Northgate Mall
Bonnie Doon Shopping Mall

Authorized Dealers

Lam's Food Market:
10549 107th Avenue
N's Dollar Store & Food Mart:
11803 48th St NW

Omega Cell Communications:
10345 78th Avenue
Honor Computer Systems:
13164 118th Avenue

THE NEW LEXUS SOUTH POINTE THE PURSUIT OF PERFECTION



TEST DRIVE OUR
FALL COLLECTION.



2015 RX 350 & RX 450h

CASH PURCHASE CREDITS OF UP TO

\$6,000[^]

L500345

2015 IS 250 & IS 350

LEASE RATES AS LOW AS

0.9%^{*}

DELIVERY CREDITS OF UP TO

\$3,000[^]

L500918

2015 NX 200t & NX 300h

LEASE RATES AS LOW AS

1.9%^{*}

DELIVERY CREDITS OF UP TO

\$4,000[^]

L501003

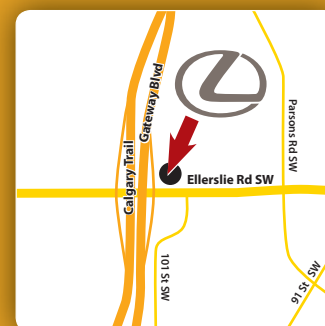


LEXUS
SOUTH POINTE
THE PURSUIT OF PERFECTION

780-989-2222

www.lexussp.com

On the Corners of Ellerslie and Gateway Blvd. SW



*No charge lifetime oil and filter offer; all maintenance must be performed at Lexus South Pointe as per Lexus Canada maintenance schedule. Cash incentive of up to \$10,000 available on any new 2015 RCF, \$6,000 on any new 2015 RX350 and \$3000 on any 2015 NXT-H. Complimentary 2yr maintenance must be performed at Lexus South Pointe. See Lexus south Pointe for details.

EIFF sticks to what works

MOVIES

Event to screen more than 150 films this year



Braeden Jones
Metro|Edmonton

If you've enjoyed the Edmonton International Film Festival

(EIFF) in the past, you'll like it again this year. "We try to keep it as much the same as we can, actually," Festival producer Kerrie Long said.

She explained that the EIFF — unlike many annual events in Edmonton — isn't pushing to grow or change, and is instead contented with a formula that achieves its goals, those goals being serving both filmmakers and a loyal audience in equal parts.

"People who say they come to the festival every year say they just immerse themselves in film, and that's the only time they do that throughout the year," Long said.

For those people, a familiar format returns. More than 150 films will be screened at Landmark Cinema in City Centre Mall downtown, including a mix of short films with more than 50 feature-length dramas. The program will be round-

ed out by what Long says has been "wildly successful" in the past: films from the 24-hour film making challenge, movies from "Our own backlot," all Alberta-made, and "Lunchbox Shorts," which includes lunch with the ticket price.

For filmmakers, Long said the laurels of EIFF speak volumes about their work.



Go online for more local news metronews.ca



Festival producer Kerrie Long says the 29th EIFF is not looking to fix something that isn't broken. BRAEDEN JONES/METRO



UNIVERSITY OF ALBERTA
FACULTY OF EXTENSION

YOUR NEXT STEP STARTS HERE

Continuing Studies
Professional Development
Lifelong Learning

Register now!

extension.ualberta.ca
780.492.3116

GREENHOUSE GAS

Report suggests carbon tax hike

Jacking up Alberta's carbon tax is the best way to reduce the province's greenhouse gas emissions from power generation, says a government-funded analysis obtained by The Canadian Press.

Charging large emitters up to \$50 a tonne for carbon emissions — an almost 70 per cent increase — would produce the best result, says the report by an international economic consultancy. But that price would also raise electricity costs more than any other option considered, the Brattle Group concludes.

The study, which has not been released publicly, was delivered to the province's Energy Ministry and electrical regula-

tor in July 2014, before the last provincial election. It is now before a panel charged with designing an overall climate-change policy for Alberta in advance of talks in Paris this December.

Coal-fired power generation is Alberta's second-largest source of greenhouse gases and the 64-page main report weighs nine different ways to reduce them. The options include various carbon prices, early shutdown of coal-powered plants, mandated emissions caps and regulated targets for renewable energy.

The best answer is to beef up Alberta's current system, the report suggests.

THE CANADIAN PRESS



Adventure! Teach English Overseas

- > TESOL Certified in 5 Days
- > In-Class or Online
- > No Degree Required!

1.888.270.2941

Job Guaranteed!

Next in-class course: October 16-18, 23-25, 2015

Next Seminar: October 13th, 2015 @ 7pm

Roots on Whyte building - Whyte Ave (8135 102 Street)

www.globaltesol.com



PLAY Friday's Answers

from your daily crossword and Sudoku

6	9	8	1	3	4	7	5	2
7	2	5	6	9	8	3	4	1
3	4	1	5	2	7	8	9	6
4	6	7	8	1	9	5	2	3
9	8	3	4	5	2	6	1	7
1	5	2	7	6	3	4	8	9
5	3	4	2	7	1	9	6	8
8	1	9	3	4	6	2	7	5
2	7	6	9	8	5	1	3	4

for more fun and games go to
metronews.ca/games

IN BRIEF

City to offer free Wi-Fi at more LRT stations

The city has expanded Wi-Fi service to six more LRT stations after a successful pilot program earlier this year.

The city tested the service at Southgate LRT station beginning in February and will now expand it to University, Health Sciences, McKernan/Belgravia, South Campus and Century Park stations.

The free Wi-Fi network is called Open City and users can log on for free after agreeing to the terms of service.

The city aims to have Wi-Fi service at all stations on the Capital Line before the end of 2015.

More than 14,000 devices connect to Open City Wi-Fi per week, and the service regularly accepts over 4,500 concurrent sessions during peak periods daily. METRO

Police lay charges in weekend homicide

Homicide detectives have laid charges against an Edmonton man following a stabbing that left his wife dead Friday night.

Jason Andrew Otway, 38, has been charged with second-degree murder and possession of an offensive weapon in the death of Jennifer Otway, 42.

Police were called late Friday to a home near 119 Avenue and 56 Street on a call for assistance and found a woman badly injured from a stabbing.

The woman was rushed to hospital, but did not survive her injuries.

Otway will make his first court appearance on Monday morning.

METRO



Artist Jason Carter, a member of Little Red River Cree Nation, plans to put his proposal in the running for an aboriginal arts park, which will be established in Queen Elizabeth Park in 2017. MICHELLE FALK/FOR METRO

‘Telling the story’ through artwork

CULTURE

Six pieces to be selected for one-of-a-kind city art park

Michelle Falk
For Metro | Edmonton

Christine Sokaymoh Fredrick is hoping to establish the world's first aboriginal arts park in Edmonton.

Sokaymoh, a member of the Edmonton Arts Council steering committee who identifies as Métis/Cree, said the park has been in planning for two years, and that a call has now

been released to all indigenous artists in Canada to contribute.

"It raises awareness, the profile and the overall identity of indigenous people," said Sokaymoh Fredrick, who also works for Alberta Aboriginal Arts, an indigenous theatre company. "It's also helping shift our collective identity as Canadians."

Six pieces will be selected for the park and they are to be installed in what is now Queen Elizabeth Park in the fall of 2017. The council call stipulates artworks will "tell the story" of the place where it exists.

Throughout the project, elder and artist Jerry Saddleback has been participating in the steering committee, offering cultural and historical insights.



There is very little that aboriginal people do without the guidance and blessings of our elders.

Christine Sokaymoh Fredrick

"There is very little that aboriginal people do without the guidance and blessings of our elders. To recognize that authority is profound, it really speaks to a changing dynamic in the city of Edmonton," Sokaymoh Fredrick said.

She said a lot of time and research has been dedicated to

learning and understanding the land in Queen Elizabeth Park.

Curator Candice Hopkins, a citizen of both the Carcross and Peguis First Nations, said the park is a way to engage in the legacy of place. "The history changes depending on who's telling the story," she said. "That's something we're trying privilege — these different perspectives and knowledge of the site."

Established Edmonton artist Jason Carter, a member of Little Red River Cree Nation, hopes to be one of the artists chosen to contribute.

"You want to move forward and create work as your authentic self, but also still have a foot in the past," Carter said.

"It's a challenge."

CHILDREN'S WISH ALBERTA

Spider-Mable to save city



Braeden Jones

Metro | Edmonton

Spider-Man does whatever a spider can, and Spider-Mable is more than able.

She lives in Edmonton, she's six years old, and she's a fighter. Mable's been battling cancer for two years, and during her hospital time found herself engrossed with comic books — especially those featuring her favourite hero, Spider-Man.

On Monday, Mable will not only meet her hero, but also join one of his adventures thanks to the Children's Wish Foundation and the generosity of Edmontonians.

Elizabeth LoPresti, Associate Director for Children's Wish Alberta, said Mable talks often "how neat it would be if (she) could fight crime like Spider-Man."

On Monday, she'll get to find out.

Mable's day will begin early with a specially recorded "newscast" informing her of strange events in the city.

She'll then suit-up, become Spider-Mable, team up with Spider-Man and visit the mayor and police headquarters before chasing a villain through West Edmonton Mall and to the Edmonton Valley Zoo, where a final showdown is bound to take place.

+ RESCUE PLAN

The young webslinger will start at the south side entrance of city hall around 9:45 a.m., and cap her adventure with rescuing a local sports celebrity at the zoo around 3 p.m.

START YOUR PATH TO A REWARDING CAREER IN HEALTHCARE

You can earn your Health Care Aide certificate in less than six months! Graduates can work in hospitals, private agencies, continuing care facilities, home care, and more.

REEVES COLLEGE ALSO OFFERS PROGRAMS IN:

- ACCOUNTING & PAYROLL ADMINISTRATION
- ACUPUNCTURE
- BUSINESS ADMINISTRATION MANAGEMENT
- PARALEGAL
- AND MORE!

ASK ABOUT OUR EVENING CLASSES!

1.800.533.1457

STUDY.REEVESCOLLEGE.CA

REEVES COLLEGE

Financial assistance may be available to qualified applicants.



*jobbank.gc.ca



READY TO ENGAGE

Metro's coast to coast daily election series connects young, urban Canadians to the issues they care about

'I trust none of them' — except Green party leader



ROSEMARY WESTWOOD
in Edmonton

It's all about one federal leader for Anna Rushdy.

"I feel like I'm pretty good at reading whether someone's being honest. I trust none of them, with the exception of Elizabeth May."

To the 27-year-old Edmontonian, every other federal party leader is a slave to partisan politics. And May is the antidote.

So, on Oct. 19, Rushdy will vote Green.

"Partisan politics actually does nothing, especially for me — and when I say for me, I mean poor people."

"We already know Harper doesn't care about poor people, but I'd be hard-pressed to believe that the other two do."

The Liberals' Justin Trudeau, in particular, earned Rushdy's ire through his glad-handing presence at Pride events in the city, politicking at a time when Rushdy says the LGBTQ community, and its oppression, should be in the spotlight.

They (Rushdy is gender-non-conforming and rejects he/she pronouns) sit in the basement café of an old brick building in Edmonton, the site of a former job, before they landed a slightly better low-paying job at a bakery.

After graduating in 2011 with a degree in education with a specialization in special-needs care, Rushdy hasn't been able to find related work. Deferring student loans has helped, but it doesn't make them disappear.

Rushdy's been to the polls twice before: Once to vote Green, and once to spoil the ballot — drawing happy faces beside each candidate. It was only after hearing Elizabeth May promise to make post-secondary education free and forgive student debt above \$10,000, that Rushdy decided to pick a candidate this time.

"Those are things that actually affect my quality of life. It's very anti-classist, and I love that."

Planning to vote Green in a riding pollsters are predicting is a tight NDP/Liberal race doesn't worry Rushdy.

"If you're constantly telling people, 'If you vote a certain way, you're throwing away your vote' — no one will ever vote that way."

That kind of language only underlines the status quo, Rushdy said.

"If we truly believe in democracy and that's how we have our voices heard, we need to vote for who we think is best, and not because all your friends are voting NDP, and it's hip and fashionable."

Rushdy believes change is possible: "We never thought we would see a non-Conservative Alberta."

As the election approaches, Rushdy senses a chance to shift political discourse.

"I think my needs are most met not even just by what the party platform is, but by anti-partisan politics."

"Because what it is, is a discussion between people not against people."

Plus: "I'm looking forward to a Harper-free Canada."

Rosemary Westwood is traveling across the country talking to young voters.



VOTER PROFILE

Name: Anna Rushdy **Age:** 27 **Riding:** Edmonton Centre
Their issues: LGBTQ rights, poverty, post-secondary education funding

On engagement, feds just can't fight city hall

MUNICIPAL VS. FEDERAL

Partisanship among national parties seen as a turnoff



Ryan Tumilty
Metro | Edmonton

Chris Henderson has run three highly successful municipal campaigns. His most recent gave Edmonton's 36-year-old mayor, Don Iveson, a resounding win in 2013.

Henderson, 33, took leave from his full-time job in marketing to work 20-hour days for months to help Iveson get elected, but he's decidedly less interested in the federal election. "I would let my children watch violent television before I would let them watch a leaders' debate," he said.

Henderson said the partisan-



Chris Henderson sits in the campaign office during Mayor Don Iveson's 2013 run. Despite his willingness to get heavily involved in municipal politics, Henderson said federal politics don't interest him or other young people. METRO FILE

ship and acrimonious debates in federal politics are turning young people off and keeping them out of the process.

He said that Iveson's campaign was able to attract hundreds of young volunteers in large part because no one cared what someone had done before or what party they belonged to.

"It was just whoever was in-

terested in working," he said. "There was no ideological behaviour involved."

On top of that, he said, federal politicians are missing the basics people care about — issues like good roads, affordable housing and reliable transit. "Municipal services are the things that actually matter to people."

Calgary Mayor Naheed Nenshi agrees there is far too much "mindless partisanship" in federal politics and he believes Canadians feel the same way. "I don't identify with the left or the right or the Con-

servative or the Liberal and I think very few Canadians actually do," he said. "They identify with pragmatic things that will make their community better."

Nenshi said party politics forces leaders to focus on matters essential to their base, but meaningless to most Canadians. "The current debate around the niqab at citizenship ceremonies is a really good example of that," he said. "It matters to no one."

Iveson said the young people he talks to are engaged, but in local issues, like housing and transit, or global ones like climate change and the refugee crisis. "Federal politics in particular is pretty abstract when you're dealing with your post-secondary issues, or your transportation issues or your housing issues," he said.

Iveson said there are battleground ridings that could swing if federal politicians were talking about how to make buying a house or getting to work easier.

"Federal leaders who can speak with authenticity on those issues will find themselves all of a sudden relevant to that potentially deciding vote."

THE MAYORS

Young superstars

Much of the energy and enthusiasm from politically active young Canadians is being directed not at the House of Commons but at city halls, particularly in the West.



Gilbert Ngabo
Metro | Toronto

Naheed Nenshi: He was only 38 when he won the Calgary mayoral race in 2010, and the first Muslim mayor of a large North American city. A Harvard graduate, nonprofit management professor and business adviser, his popularity has grown over the years in office.

Don Iveson: He's serving his first term as mayor of Edmonton, a job he assumed in 2013 when he was only 34. His strong asset is community organizing. From his experience running the university

newspaper to serving as president of Canadian University Press and advocacy director of the University of Alberta Student Union, he's always seemed destined for politics.

Gregor Robertson: He was 44 when, in 2008, he won the race to become mayor of Vancouver. Now serving his third term, Robertson was an active member of the NDP of British Columbia until he resigned to run for mayor.



I would let my children watch violent television before I would let them watch a leaders' debate.

Chris Henderson

Make the most of their school year with iPad Air



Apple iPad Air 2

Now \$0 down*

with **Easy Pay**™ and receive a free GB of data for a year**
when you activate on a 2-yr. **Share Everything**™ plan.

24 monthly payments of \$28.70 at 0% APR. No term \$689. Excludes taxes and Connection Fee.

To learn more, visit rogers.com



*A Connection Fee of \$20 per line will appear on your invoice. Taxes on no-term price apply in all cases. **\$0 down on approved credit (0% APR) with 24-month device financing agreement ("DFA") on an in-market Share Everything plan with tablet additional line. Payment of outstanding balance due upon termination of DFA or Share Everything tablet additional line, downgrade to an ineligible plan or transfer of responsibility. **Offer available to new and existing customers activating a tablet additional line on a 2-yr. term to their Share Everything plan by Sept. 30/15. Bonus 1GB data applies only to the tablet line (not shareable) for 1 year and will be consumed prior to any shared plan data being consumed by the tablet.

HERITAGE

Quebec to fix 11 racist site names

Eleven Quebec sites whose names contain words with pejorative or racist connotations will be renamed, a provincial commission announced Friday.

In a news release, the commission announced it had “de-officialized” the place names, all of which contain the word “n—” or the French word “negre.”

“Some of these place names, over time, testify to historical events,” the statement read. “However, even if the words ‘n—’ and ‘negro’ are of ancient usage, they can violate the dignity of the members of the black community.”

Rachel Zellars, a McGill University PhD candidate who studies the history of slavery and of black Canadians, started a petition in early August after hearing a media report that included the statement that no official complaints had been lodged against the names.

THE CANADIAN PRESS

Leaders keep it local

ELECTION 2015

NDP, Tories keep focus on homegrown issues

All three main federal parties concentrated on homegrown, hot-button issues and largely kept their foreign policy powder dry ahead of the next leaders’ debate.

New Democrats put themselves squarely in the spotlight with Tom Mulcair outlining, in broad strokes, the party’s plan to address climate change. But in a half-hour long question-and-answer session with party members and the media, he forcefully reiterated his case to repeal two signature pieces of the Harper government’s security and anti-terror agenda.

Not to be outdone, the Conservatives rolled out two cabinet ministers to take shots at the Liberals over Justin Trudeau’s suggestion his party would scrap some aspects of the mandatory minimum sen-

tencing law, another marquee piece of legislation for a government that paints itself as tough on crime.

Tony Clement and Julian Fantino, speaking in Vaughan, Ont., also went after Trudeau for interview comments earlier in the weekend where he was quoted as saying deficits are a way of measuring economic growth and success of a government.

Both ministers, additionally, piled on the \$146 billion costing of the Liberal platform, released Saturday in Ottawa, saying it would “destabilize” the economy.

Trudeau and Conservative Leader Stephen Harper were both off the campaign trail in anticipation of Monday’s foreign policy debate.

Mulcair, in Toronto to talk climate change, gave a taste of how acrimonious the exchange could get by accusing the Conservatives of holding back until the middle of the election campaign on the plan to strip the citizenship of the convicted Toronto 18 terror ringleader.

THE CANADIAN PRESS



NDP Leader Tom Mulcair addresses supporters during a campaign stop in Toronto. ANDREW VAUGHAN/THE CANADIAN PRESS



WHERE THE LEADERS ARE MONDAY



• **Stephen Harper, Justin Trudeau and Tom Mulcair** will be in Toronto for the Munk debate on foreign policy taking place at 7 p.m. EST.

• **Elizabeth May** will be in Vancouver.

ROBERT PICKTON

Missing tributes shock brother

A brother of one of the women murdered by Robert Pickton says he’s shocked and upset after the City of Vancouver removed plaques honouring three of the killer’s victims.

Bronze plaques bearing the names of Georgina Papin, Brenda Wolfe and Marnie Frey were installed in a sidewalk in the city’s Downtown Eastside in 2012.

George Papin said he treasured the memorial “as it was a part of me, just like my sister,” he said. “And now they take this away.”

The memorials were part of an unfinished project called The Living Stones, which was originally set to lay 62 plaques at the last known locations of missing and murdered women.

The city took over the project in 2013 after the non-profit group that launched it dissolved. A city spokesman said staff had been working to “resolve issues” around the project. THE CANADIAN PRESS

OUTRAGE

NDP candidate apologizes for phallic Auschwitz remark

Jewish groups say they were astonished that an educated school trustee running for the New Democrats in the federal election had no awareness of one of the Nazis’ most notorious deaths camps.

Jewish leaders were reacting to comments by Alex Johnstone, the NDP candidate in Hamilton, Ont., who was forced to apologize for referring to fence posts at Auschwitz as being phallic

on a Facebook page in 2008.

Explaining her comments to a local newspaper Tuesday, Johnstone reportedly claimed that she didn’t know what Auschwitz was.

Jon Goldberg of the Atlantic Jewish Council says he found it difficult to believe that Johnstone, a social worker by training and school trustee, would not be familiar with the concentration camp in Poland that was responsible

for the extermination of more than one million people.

He doesn’t believe there was malice in the remark and instead says it signals the need for greater education about the Holocaust.

Shimon Koffler Fogel, CEO of the Centre for Israel and Jewish Affairs, was equally incredulous at the admission and says it’s important that elected officials know their history. THE CANADIAN PRESS

CHARITY AUDIT

Think-tanks more politically active than claimed: Institute

The Broadbent Institute, a left-leaning think-tank, has levelled another broadside at the Harper government over the Canada Revenue Agency’s auditing of charities.

The organization says the country’s most active right-leaning charities continue to report zero “political” activity in their latest filings and that raises fresh questions about how conservative-oriented charities are interpreting the

revenue agency’s rules.

“This report makes clear that the CRA rules around political activity are interpreted, to put it charitably, quite differently by many right-leaning charities,” the report said.

Rick Smith, Executive Director of the Broadbent Institute, says nine out of 10 right-leaning charities, including the Fraser Institute, the Atlantic Institute for Market Studies and Focus on the Family, re-

ported conducting no political activity last year.

But he claims each of them did carry out activities in 2014 that appear to meet CRA’s definition of “political.”

Smith points to a Focus on the Family study that supports income splitting, a pillar of the Conservative government’s re-election strategy and the Canadian Constitution Foundation’s support of two-tiered health care. THE CANADIAN PRESS

Edmonton

Woman's SHOW

Produced by: **FPI**

For the Love of ... Pets

*promotions subject to change without notice

Oct 17 & 18

Edmonton EXPO Centre | Hall A

WomanShow.com

With Derrick Levasseur from Big Brother 16 (Saturday only) presented by: **KNOXVILLE'S**

Tickets | General(13+) \$12 | Senior/Student \$10 | 12 & Under FREE

GENERAL MOTORS

CANADA WIDE CLEARANCE

0% FOR 84 MONTHS

PURCHASE FINANCING ON SELECT MODELS

2015 CHEVROLET CAMARO ZL1

#N151051

OR CHOOSE
0% INTEREST
FOR 84 MOS



Well Equipped Including:
Loaded with options including: 6.2L super charged V8 with 580HP, Leather bucket seats, power everything, carbon fiber hood, 20" black aluminum wheels, rear vision camera, heads up display, plus much more.

~~14~~ 7-ZL1'S
IN STOCK

AS LOW AS \$56,990



2015 CORVETTE STINGRAY Z51 CONVERTIBLE

2 CORVETTES TO CHOOSE FROM

Midnight black exterior with adrenaline red leather interior, 6.2L V8 with 460HP, 7 speed manual transmission, competition sport bucket seats, performance exhaust, black machined aluminum wheels, Z51 performance handling package, too many options to list. Call dealer for details, #N151069

2015 CHEVROLET EQUINOX LT FWD

#N150871

OR CHOOSE
0% INTEREST
FOR 84 MOS



Well-Equipped LT Model:

Ecotec 2.4L I4 Engine, 6 Speed Automatic Transmission, FWD System, Stabilitrak, Traction Control, Air Conditioning, Tilt-Telescopic Steering Wheel w/Audio Controls, Cruise Control, Power Locks, Power Windows, Power Mirrors, Remote Keyless Entry, Touch Screen AM/FM Stereo w/ CD-MP3 Player & Auxiliary Input Jack, Bluetooth for Phone, Cloth Interior, Front Bucket Seats, 70/30 Sliding Multi-Flex Rear Seat, Tinted Glass, OnStar In Vehicle Communication & Safety System, GM 5Year- 160,000 Km Warranty w/Roadside Assistance Service, Engine Block Heater, Plus Much More.

MSRP \$31,670
COMPETITION DISCOUNT -\$5,200
GM LOYALTY -\$750

CASH SALE PRICE \$25,720

2015 CHEVROLET TRAX FWD

#N150824

INCLUDES
0% INTEREST
FOR 84 MOS



20
IN STOCK

INCLUDES:

Air conditioning, power windows, power locks, power seats, remote start, automatic transmission, XM radio, plus much more!

MSRP \$23,875
COMPETITION DISCOUNT -\$3,359
GM LOYALTY -\$750

CASH SALE PRICE \$19,766

2015 CHEVROLET SILVERADO 2500 CREW CAB Z71 4X4

#N151149

DURAMAX
DIESEL
ENGINE



Loaded Model Including:

Air Conditioning, Power Windows and Locks, Heated seats, power seats, Tilt, Cruise, Bluetooth, Duramax Diesel Engine, Allison 6 speed Auto Transmission, OnStar, All Terrain Tires, HD Trailering Package, XM Radio, plus much more!

MSRP \$71,143
COMPETITION DISCOUNT -\$12,163
GM LOYALTY -\$1,000

CASH SALE PRICE \$58,980

#1 POLACK BROS.
Competition
CHEVROLET
Stony Plain AB

SHOP ONLINE
WWW.

COMPETITIONCHEVROLET.COM
780-963-6121 Toll Free 1-877-963-6121

PLEASE READ THIS: Equinox payments are based on 84 month term at .99% with \$2750 down total COB is \$29000 OAC. 2014 TRAX payments are based on a 48 month lease at 0% interest with \$2000 down COB is \$26696. 20000 kms per year, .16 charged per extra km. 2014 Cruz payments are based on 0% interest for 48 months with \$1000 down. Total COB is \$21150. lease based on 48 months, 20000 kms per year, .16 charged per extra km. 2014 Silverado Crewcab based on 0% interest, 36 month lease Total COB is \$33696 20000 kms per year, .16 charged per extra km. All sale prices are plus taxes. Lease payments and finance payments, taxes are included. Lease payments include applicable CDA/Lease cash. The competition discount is a discount which all customers qualify without any qualifications. The GM loyalty program offers *750 incentive to any current owners and/or lessees of eligible car models (1999 MY or newer, see Appendix 'A') who purchase/finance/lease a new eligible 2013, 2014 MY Chevrolet, Buick or GM. Vehicles may not be exactly as illustrated. See dealer for details! The GM Truck bucks offers \$1,000 incentive (tax inclusive) to any current owners and/or lessees of eligible car models (1999 MY or newer, see Appendix 'A') who purchase/finance/lease a new eligible 2013, 2014 or 2015 MY Cadillac.



A 'moral outrage'

DEVELOPMENT

Obama pledges U.S. support to new UN anti-poverty strategy

President Barack Obama on Sunday committed the U.S. to a new blueprint to eliminate poverty and hunger around the world, telling a global summit that a sweeping new development agenda is "not charity but instead is one of the smartest investments we can make in our own future."

It was the first of two addresses Obama is making at the United Nations. His second, to the annual UN General Assembly of world leaders and expected Monday, will be a broader examination of world issues, especially the escalating conflict in Syria and the related refugee crisis.

As Secretary of State John Kerry said after a meeting Sunday, "It would be a complete understatement to say that we meet at a challenging time."

Obama offered a powerful defence of a 15-year development

agenda that will require trillions of dollars of effort from countries, companies and civil society.

He told delegates 800 million men, women and children scrape by on less than \$1.25 a day and billions of people are at risk of dying from preventable diseases.

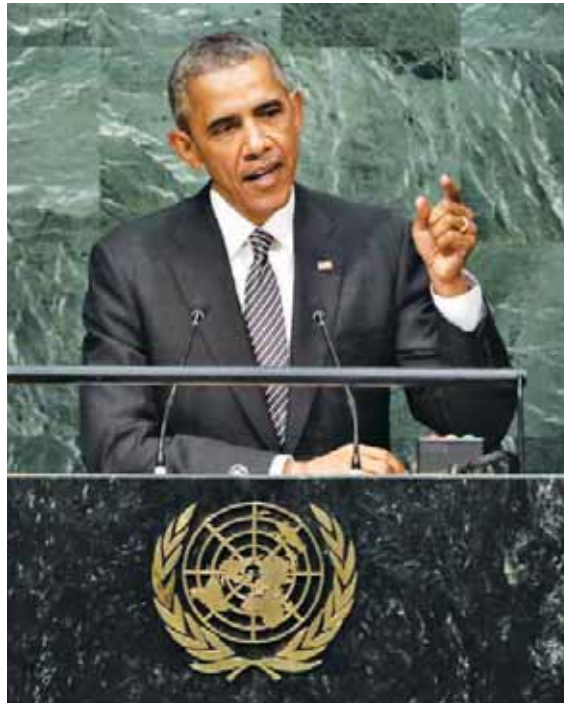
He called it a "moral outrage" that many children are just one mosquito bite away from death.

Obama said the goals are ambitious but can be achieved if governments work together.

And, with a possible nod toward his address on Monday, he noted "military interventions might have been avoided over the years" if countries had spent more time, money and effort on caring for their own people.

"Development is threatened by war," Obama said, and war often arises from bad governance. Addressing the world's greatest refugee crisis since the Second World War as millions flee conflict in Syria and elsewhere, he said countries "that can, must do more to accommodate refugees" but added those efforts "must be matched by hard work of diplomacy."

THE ASSOCIATED PRESS



U.S. President Barack Obama addresses the 2015 Sustainable Development Summit at the United Nations headquarters in New York City on Sunday. RICHARD DREW/THE ASSOCIATED PRESS

PAPAL VISIT

Pontiff takes part in massive Mass

Pope Francis joined hundreds of thousands of the faithful Sunday for the last and biggest event of his joyful, six-day U.S. visit — a Mass on Philadelphia's grandest boulevard — after meeting with victims of the church sex abuse scandal and offering words of hope to jail inmates.

Riding through the streets in his open-sided popemobile, the pontiff waved to cheering, screaming, singing, flag-waving crowds as he made his way up the Benjamin Franklin Parkway and reached the altar at the foot of the broad steps of the Philadelphia Museum of Art. It was the final stop on his itinerary before he was to return to Rome.

Organizers predicted a crowd of one million, though there were fears unprecedented security — including airport-style bag searches, crowd-control cattle chutes and blocked streets — had scared many people away.

Prior to the Mass, Francis met with victims of child sexual abuse and told them he is "deeply sorry" for the times they told their story and weren't believed. He assured them he believes them and bishops will be held to account for what they did.

“

We will follow the path of truth wherever it may lead.

Pope Francis

"I pledge to you that we will follow the path of truth wherever it may lead," Francis said in Spanish.

Then, he went into a meeting with American bishops in town for a Catholic festival on the family and told them the same thing face-to-face.

"God weeps" over what was done to the youngsters, he said.

Also Sunday, Francis visited a Philadelphia jail to give hope of redemption to about 100 inmates.

"May you make possible new opportunities, new journeys, new paths," he said, standing before a wooden chair the men had made for him for the occasion.

The blue-uniformed inmates, some of them heavily tattooed, seemed moved. They clasped Francis' hands, and two gave him a hug. THE ASSOCIATED PRESS

GET AHEAD OF THE CROWD YOUR CAREER TRAINING STARTS NOW!

BUSINESS, HEALTHCARE, IT, LEGAL, HOSPITALITY AND MORE!

Expect from Academy of Learning Career College:

- ✓ A wide variety of career programs to choose from
- ✓ Advice on the best funding options available to you
- ✓ A supportive, effective and flexible learning environment
- ✓ Caring student supports including job placement assistance



Academy OF LEARNING CAREER COLLEGE

www.academyoflearning.ab.ca



EDMONTON DOWNTOWN (780) 424-1144
EDMONTON SOUTH (780) 433-7284
EDMONTON WEST (780) 496-9428

IN THE LIGHT OF TRUTH THE GRAIL MESSAGE

"...I wish to fill the gaps which have so far always remained unanswered in the souls of men as burning questions, and which never leave any serious thinker in peace, if he honestly seeks for the Truth." -ABD-RU-SHIN

PUBLIC LECTURE

TOPIC: 'The Purpose of Man and his Responsibilities in Creation'

DATE: OCTOBER 24, 2015

VENUE: Edmonton Room
Edmonton Public Library
7 Sir Winston Churchill Square
Edmonton, AB. T5J 2V4

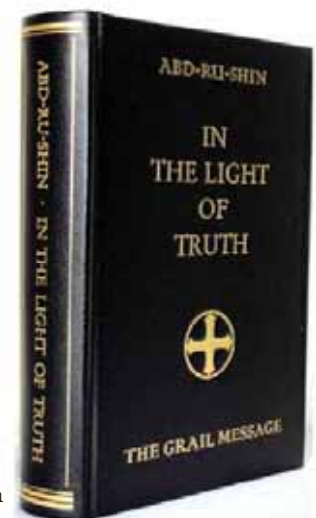
TIME: Gate opens: 12 noon
Lecture starts: 1.00pm

Parking available @ library parkade
(First 3hrs for \$1 till 5.00 PM) on Saturday.

Attendance is free.

Email: info@alexander-bernhardt-canada.com

Website: www.alexander-bernhardt-canada.com



Ph: Paul 780 244 4033, Aisha 780 691 7278, Emmanuel 780 233 6165

SIGNED: ALEXANDER BERNHARDT GRAIL PUBLISHING CANADA

Secessionists rejoice

CATALONIA

Victory in Spanish vote could lead to breakoff nation

Pro-secession parties pushing for Spain's northeastern Catalonia region to break away and form a new Mediterranean nation won a landmark vote Sunday by capturing a majority of seats in the region's parliament, setting up a possible showdown over independence with the central government in Madrid.

With 97 per cent of the vote counted, the "Together for Yes" group of secessionists had 62 seats in the 135-member parliament. If they join forces with the left-wing pro-independence Popular Unity Candidacy (CUP) party, which won 10 seats, they will have the 68 seats needed to push forward their plan to make Catalonia independent from Spain by 2017.

But CUP had insisted that it would only join an independence bid if secessionist parties



Pro-independence supporters cry out in Barcelona on Sunday, after an election that might propel Catalans toward separation from the rest of Spain by 2017. THE ASSOCIATED PRESS

won more than 50 per cent of the popular vote. They won only about 46 per cent because of a quirk in Spanish election law that gives a higher proportion of legislative seats to rural areas with fewer voters.

Still, Catalonia leader Artur Mas claimed victory as a jubilant crowd interrupted him with cheers and chants

of "Independence!"

Many Catalans who favour breaking away from Spain say their industrialized region, which represents nearly a fifth of Spain's economic output, pays too much in taxes and receives less than its fair share of government investment.

"As democrats we were prepared to accept the defeat.

Now, we demand that they accept the victory for Catalonia and the victory of the 'yes,'" said Mas. "We have a lot of work ahead. We won't let you down; we know we have the democratic mandate. We have won, and that gives us an enormous strength to push this project forward."

THE ASSOCIATED PRESS

SYRIA

France launches first airstrikes against ISIL

Six French jet fighters targeted and destroyed an Islamic State of Iraq and the Levant (ISIL) training camp in eastern Syria in a five-hour operation on Sunday, President Francois Hollande announced, making good on a promise to go after the group that he has said is planning attacks against several countries, including France.

The multiple airstrikes were the first in Syria by France as it expands its mission against ISIL, until now centred in Iraq.

"The camp was totally destroyed," Hollande said Sunday after arriving at the United Nations, before the start of a major development summit and the UN General Assembly bringing together world leaders.

"We're sure there were no casualties" among civilians, he added.

The French president's office announced the strikes, without details, in a statement hours

earlier.

"Our nation will strike each time our national security is at stake," the statement said.

Hollande told reporters the strikes on the training camp, and others to come, were aimed at "protecting our territory, cutting short terrorist actions, acting in legitimate defence."

However, the strikes will likely have a limited effect. The U.S.-led coalition has been

carrying out regular airstrikes that punish but have failed to decimate ISIL, which controls large swaths of Syria.

Hollande's decision to

carry out targeted strikes on strategic ISIL sites is coupled with France's bid to press for a political solution to the Syrian crisis. Beyond military objectives, the strikes serve to bolster France's position in helping to find a solution to a crisis that also includes Russia and Iran.

THE ASSOCIATED PRESS

“

Our nation will strike each time our national security is at stake.

Statement from the office of President Francois Hollande

DERRICK TIRE AND AUTO SERVICE

Your Service Location for All Makes and Models

WINTER IS COMING

Visit us for the best tire and wheel packages, prices, and availability

NOW! WHEEL AND RIM PACKAGES FROM \$699.80



PURCHASE BEFORE NOVEMBER 30/2015 AND GET:

No charge flat repairs and rotations year round for life*

No charge tire storage*

Alignment check for only \$19.95 with new tires.*

No charge winter/summer change overs for life*



We match or beat any quote for the same tires and honour competitor's coupons

Our rewards program gives 10% back on parts and service*



To book or request a quote,

email service@derrickdodge.com or call 780-435-9500 for Cars, Vans, SUVs or 780-435-3617 for Trucks



Get a tire quote right now at www.derrickdodge.com/tire-locator.htm



6211-104 STREET EDMONTON • 780-435-9500

Monday to Friday - 7:00am-5:30pm • Saturday - 8:00am-3:00pm • Sunday - Closed

*No charge change overs for pre-mounted tires. Laufenn flat repairs and rotations not transferable. Alignment check does not include required adjustments. Rewards program requires no charge enrollment and is used for future parts, service and sales. See representative for full details. Free tire storage for first season. Derrick Tire and Auto Service is a division of Derrick Dodge (1990202).

Violence breaks out at holy site

JERUSALEM

Palestinian protesters claim fears of Israeli takeover

Israeli riot police briefly clashed with young Palestinian protesters at Jerusalem's most sensitive holy site early Sunday, raising tensions ahead of a major Jewish holiday.

No injuries or arrests were reported following the clashes at a hilltop compound in Jerusalem's Old City that is revered by Jews and Muslims. The site is a frequent flashpoint of violence, and Israel has beefed up security around the area

following several rounds of clashes in recent weeks.

In Sunday's incident, police said a small group of masked Palestinian youths threw stones and firecrackers at Israeli police gathered at a main entrance to the compound.

Police, many of them holding riot shields, responded with stun grenades and the crowd was quickly dispersed.

Israel captured the site from Jordan in the 1967 Mideast war. Under a long-standing arrangement, Jews are allowed to visit the compound, but not pray there, while Jordan retains custodial rights.

Calls by a group of religious Jews to visit the site on the eve of the Jewish New Year earlier this month sparked rumours

“

Yes! We are going to build the third holy Temple soon and nothing will stop us!

The Temple Mount and Land of Israel Faithful Movement

among Palestinians that Israel was planning to disrupt the delicate status quo governing the site and take it over. The rumours, coupled with Israeli restrictions on Muslim access to the mosque, fueled the outbreak of violence two weeks ago.

THE ASSOCIATED PRESS



Palestinians pray during the Muslim holiday of Eid al-Adha on Thursday, near the Dome of the Rock and Al-Aqsa mosque. MAHMOUD ILLEAN/THE ASSOCIATED PRESS

MECCA

Bodies of pilgrims identified

Iran, Egypt and Pakistan said Sunday that they had identified dozens more bodies from a crush of Muslim pilgrims three days ago that killed more than 700 people during the hajj in Saudi Arabia.

Iran's state TV raised the death toll for Iranian pilgrims from 155 to 169. More than 300 Iranians are still missing and around 100 were wounded in Thursday's incident.

The largest number of casualties identified thus far is from Iran, which has accused Saudi Arabia of mismanaging the annual pilgrimage and has vowed to take legal action against it.

Saudi authorities say at least

769 people died when two large waves of pilgrims converged on a narrow road Thursday during the final days of the annual hajj. Survivors say the crowding caused people to suffocate and eventually trample one another.

The hajj this year drew some 2 million pilgrims from 180 countries, though in previous years it has drawn more than 3 million without any major incidents. Able-bodied Muslims are required to perform the five-day pilgrimage once in their lifetime, and each year poses a massive logistical challenge for the kingdom.

For the third straight day,

Iranians protested outside the Saudi Embassy in Tehran, chanting against the ruling Al Saud family that oversees the pilgrimage.

Shiite Iran and Sunni Saudi Arabia are fiercely divided on a host of regional issues, and back opposite sides in the wars in Syria and Yemen.

Meanwhile, Egypt's Ministry of Religious Endowments Mohammed Mokhtar Gomaa told the state-run Middle East News Agency that 55 Egyptian citizens are among the dead.

Pakistan's Ministry of Religious Affairs said Sunday that 36 Pakistanis were killed in the incident. THE ASSOCIATED PRESS

DON'T BLOW THIS PARTY OFF!

0% financing up to 84 months* **OR** up to \$6,000 off on cash purchase**

Happy Birthday to you and Southgate Volkswagen of course...

Southgate Volkswagen
Driving satisfaction.



1223 - 101 Street SW
780.438.8888 SouthgateVW.ca



*Offer applies to select models. **Offer applies to cash purchase on select models.



A woman holds up a sign that reads in Spanish: "I'm missing 43 children. 43 future teachers" during a march marking the one-year anniversary of the disappearances of 43 rural college students. EDUARDO VERDUGO/THE ASSOCIATED PRESS

Mexicans march for disappeared

DRUG WAR

43 students went missing; authorities implicated

Thousands of people marked the one-year anniversary of the disappearance of 43 students by marching down Mexico City's premier avenue in an atmosphere of defiant hope Saturday.

Activists said the movement might bring justice for Mexico's disappeared, though only two of the students' remains have been identified by DNA analysis of charred bone fragments.

While the march was smaller than past demonstrations, the case has helped publicize the thousands who have gone missing since Mexico's drug war started in 2006.

More than 25,000 people disappeared in Mexico between 2007 and July 31, 2015, according to the government. Unidentified bodies often turn up in clandestine graves of the kind used by drug gangs to dispose of victims. But most people disappear without a trace.

The 43 students from a radical teachers college disappeared on Sept. 26, 2014, after a clash with police in Iguala, a city in the southern state of Guerrero. Six other people were killed at the hands of the police during the dis-



If the government are betting on us getting tired, they're wrong

Mario Cesar Gonzalez, father of a missing student

turbances.

According to Mexico's former attorney general, local police illegally detained the students and then turned them over to the local drug gang Guerreros Unidos, which then allegedly killed them and incinerated their remains.

THE ASSOCIATED PRESS

COLOMBIA

American tourist gunned down

An American tourist was shot to death during an apparent robbery attempt after leaving his hotel in a wealthy enclave of Medellin, Colombian authorities said Saturday.

Police identified the victim as John Mariani, 65, of New York, and said he was attacked Friday night when his taxi was intercepted by gunmen in a car and on a motorcycle. They said the assailants tried to take his wallet and personal belongings and shot him when he resisted. The attackers then fled.

Police offered a \$16,000 reward for information leading to

the arrest of the perpetrators.

The U.S. Embassy had no immediate comment. Police said Mariani had arrived in Medellin from Costa Rica, but gave no other information on him.

El Poblado neighbourhood where the shooting happened is one of the Medellin's wealthiest and safest enclaves. It is a leafy neighbourhood that is home to the city's vibrant dining scene and dozens of high-rise apartment buildings and hotels.

Medellin, the country's second biggest city, is a far cry from the 1980s when it was the headquarters for Pablo Es-

cobar's feared Medellin cocaine cartel, and it has been experiencing a boom in tourism. The New York Times featured it at No. 11 on its list of 52 places to go in 2015.

Although the city remains a major centre of crime, violence has dropped since Escobar's heyday, when more than a dozen people were slain daily on average. The city had a homicide rate last year of 26.1 per 100,000 residents, about five times the U.S. average but well below major American cities like Detroit and Baltimore.

THE ASSOCIATED PRESS



what's
{ YOUR }
ambition?

BUILD YOUR DREAMS

Jeff Caron is an innovator with an eye for detail. The Digital Creative Director has a passion for creating things people can use. That's why NAIT's general interest courses in woodworking were a great fit. The DIY courses gave Jeff the acquired skills to create something as beautiful, and practical, as a fine piece of furniture.

Realize your ambition at

nait.ca/ConEd

WE ARE ESSENTIAL TO ALBERTA



IN BRIEF**Millennials digging into news, study finds**

Don't believe everything you see tweeted, shared or posted about the millennial generation being uninformed. A sizable group of these young adults — 4 of every 10 — actively seeks out the news, an analysis of their media habits finds. Even the others say they stumble on news while they're catching up with friends on Facebook, scanning their Twitter feeds or looking for entertainment online. Like generations before them, the millennials are more nuanced than the stereotypes about them

would have it. That's according to polling by the Media Insight Project, a partnership between the Associated Press-NORC Center For Public Affairs Research and the American Press Institute. The project hopes to provide insight on how journalists can learn better ways to reach and hold this audience under age 35.

THE ASSOCIATED PRESS

Ottawa posts surplus of \$150 million for July

The federal government posted a \$150-million surplus for July compared with a \$1.23-billion deficit for the same month last year. The

Finance Department says the surplus came as government revenue increased by \$2.12 billion in July, while expenses grew at a slower pace. Spending on programs increased by \$858 million, while public debt charges fell by \$119 million. For the fiscal year to date, Ottawa is running a surplus of \$5.16 billion compared with a deficit of \$807 million through the April-to-July period last year. The government's spring budget projected a surplus of \$1.4 billion for the 2015-16 fiscal year, which ends next March.

THE CANADIAN PRESS



BlackBerry chief executive John Chen says switch from its in-house operating system means to eliminate one of the company's biggest marketing problems. THE CANADIAN PRESS FILE

BlackBerry set to try Android

TECHNOLOGY

New phone to address issue of lack of apps, CEO says

With its hardware sales still flagging BlackBerry's chief executive John Chen says he's found a different way to sell his devices. For the first time in BlackBerry's history, the company is going to sell a smartphone that runs on somebody else's programming rather than its own in-house creation.

BlackBerry will release the Priv phone later this year, which uses Google's Android operating system.

The switch was a controversial decision at BlackBerry, Chen told reporters Friday at the company's Waterloo,

Ont. headquarters, but it addresses one of the biggest marketing problems BlackBerry faced: Its phones are missing some of the most popular apps and games used by most customers and even businesses.

"I am now going to eliminate apps as an excuse not to buy our phone," Chen said. "We'll see how it goes."

BlackBerry's lack of apps has been a thorn in its side. Handfuls of popular apps, from dating service Tinder to Candy Crush, were unavailable for years.

Chen tried to eliminate that problem last fall in a partnership with the Amazon Appstore, which offers thousands of apps built for the Android operating system.

His hope was that Amazon's

store would see its app selection multiply quickly after the launch of the Amazon Fire phone last year.

But when sales of Amazon's first device failed to ignite, it left Chen in a partnership that wasn't quite as ideal as he'd hoped — many apps, like Netflix and Snapchat, were still missing from the mix — and BlackBerry sales suggested that customers weren't swayed

by the proposition. BlackBerry hopes the Priv will give it another swing at making a smartphone that competes with the best.

THE CANADIAN PRESS



The BlackBerry Priv. COURTESY @EVLEAKS



DEBT PROBLEMS???

780-424-9944

Foreclosure Fear? Bank Loan Recalled?
Wage Garnishment? Mortgage/Rent Arrears?

Call Us. Talk to Us. We can help you NOW.

FREE Consultation

www.DEBTFREE.ca

Service Directory

To advertise call 780-702-0592

MORTGAGE

CONTACT US TODAY FOR ALL YOUR MORTGAGE NEEDS



Dominion Lending Centre, they're a beauty!

They'll get the banks competing for your mortgage business.

***100% FINANCING AVAILABLE**

*Some conditions apply.

Ph: 780-485-8700

Toll Free:

1-844-466-9898

www.mortgageapplyonline.ca

Independently Owned and Operated

MOVING

KERMIT MOVING

\$150/hr for min. 2 hours.

\$99 every additional hour

We pay the GST

Call about our 10% discount
587-590-4294

CHAT LINE

Edm Party Line

Meet new people...
...Make new friends!

Dial: (780) **44-Party**
Safe * Secure
Fun * Exciting!!!!
Ladies-R-Free! 18+

SPIRITUAL**World Famous Indian Spiritualist**

Mr. Raj
There are Solutions for all kind of Problems
Specialist in:
Love * Marriage * Divorce
Court Cases * Business * Job * Finance
Education * Health * Children Prob.
Enemy * Jealousy * Personal Matter Etc
He will Remove & Destroy All
Bad Luck, Negativity, Black Magic
Obeya, Evils & Gives 100% Protection
Call: **780-860-2272** 17a 9261 34 Ave

African Medium Mr. JAHABA

37 YEARS EXPERIENCED
I can help you out of Despair, Reunite
Lovers forever, Happy Marriage, Stop
Divorce, Stress, & Depression, Success
in Business, Exams & Court cases.
Removes BAD LUCK, EVILS &
Gives 100% PROTECTION
POSITIVE LIVE CHANGES, IMMEDIATE RESULTS
Call for **780-761-3741**
Appt

DAILY BREAK

German K-12 Bilingual Program
Join a program with over 30 years of proven results.

Learning a second language promotes cognitive abilities and creative thinking. German is a leading language in the fields of science, engineering, business, philosophy and music. Plus, learning German is über cool!

EXPANDING MINDS AND HORIZONS

Learn more at:
german-bilingual-edmonton.net

EDMONTON PUBLIC SCHOOLS

This ad is paid by AEGBEE, the Association for English-German Bilingual Education of Edmonton.

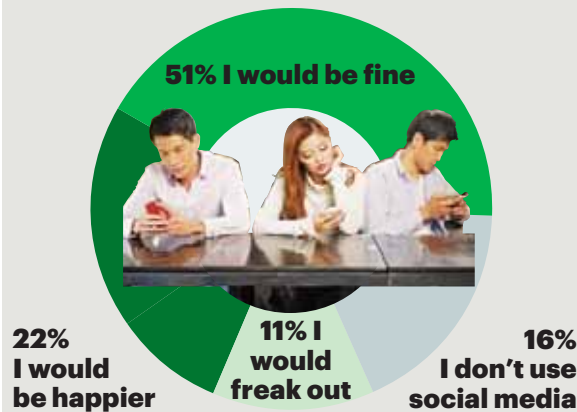
Metro MONDAY POLL

Are you addicted to social media?

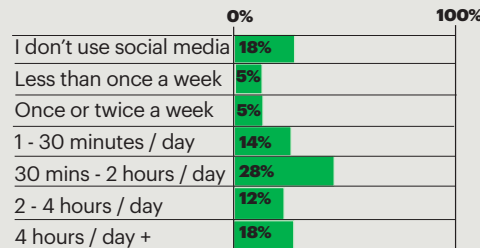
Visit metronews.ca every Friday to have your say.

On Thursday, all 1.49 billion Facebook users lost service for a few minutes. Mass panic quickly followed. Some people wondered aloud (and on other social-media sites) if they even remembered how to talk to people by any other means. Here at Metro, we wondered if — in our social-media-saturated world — we could ever go back to the way things were. We asked our readers if they're hooked on the social web and what they would miss if their favourite sites and apps went down for good.

1 What would happen if all your favourite social-media platforms went dark? (Facebook, Twitter, Tumblr, Instagram, Vine, Snapchat, etc.)



2 How much time do you spend on social media?



3 What do you use social media for?

- 21% Keeping in touch
- 18% Following the news
- 16% Wasting time
- 9% Seeing what people are up to
- 8% Playing games
- 7% Planning my social life
- 6% Interacting with people I see all the time
- 5% Expressing opinions
- 2% Activism
- 8% Other/I don't use social media



METRO READERS

metroview

Forgive me, Francis, but I was hoping for better from you



Michael Coren
For Metro

He came, he spoke, he went. Pope Francis visited the United States for the first time, delivered a speech to congress and the United Nations and met with the country's Catholic and non-Catholics leaders alike. The man has a human touch, a generosity of spirit and a progressive persona that gives hope and differentiates him from his predecessor. But in all honesty, the visit will change very little.

I realize this is not what the public wants to hear, but passing emotionalism is simply not enough. The same occurred when Pope John Paul visited Canada for World Youth Day in 2002 — massive enthusiasm for a few days and then a severe case of back-to-business-as-usual.

In his speeches, Francis spoke lyrically of the Golden Rule, of love, humanity and our communal existence. He also touched briefly and implicitly on his condemnation of abortion and same-sex marriage but was far more precise in dealing with climate change, immigration and the need for peace and gave specific attention to the plight of the poor. It was compelling stuff.

But the reality of the situation is that the modern Catholic Church is polarized and top-heavy. The leadership rejects contraception,

gay rights, abortion and female ordination, even while the vast majority of western Catholics disagree. Indeed, these papal positions are considered so morally anachronistic today in North America and Europe that it prevents Catholicism from preaching the gospel or being taken seriously. Young people in particular reject any institution or ideology that in their eyes rejects gender and sexual equality.

Then there was what Francis did not say. While he referred to the sexual-abuse crisis in the United States and met with some of its victims, he didn't admit to its systemic nature and ignored the fact that the church had denied and obfuscated until the media made acknowledgement unavoidable.

Francis is the Pope of paradox. While he is certainly concerned for the marginalized, his church refuses to sanction condom use even in countries with staggeringly high levels of HIV/AIDS. He cares for the disabled but leads an institution that fights embryonic stem-cell research that could lead to countless medical cures. He embraces the poor, but the wealth of the Vatican is beyond counting.

Nobody would deny that the Roman Catholic message is now being delivered in far more empathetic tones than in the past, but it is substance rather than delivery that matters. Forgive me, Father, but I am still waiting.

Gentrification's a threat to our 'ghetto' of riches

FOOTNOTES

Omar Moullem



Not five minutes into our walk, Daryn Baddour and I encounter a stereotypical sight along 107th Avenue, the Avenue of Nations. A police car and news crew are outside Edmonton Immigrant Services Association (EISA), where Baddour is a settlement practitioner.

She pays them no mind. Wielding an SLR camera, she's en route to a business known as Barber Shop.

She says, "What I love about this place is whenever you walk by, there are people sitting outside on patio furniture. It's got that back-home feel."

"Back home," for her, means Lebanon, though she grew up in Holland and the Antilles. Baddour wants to photograph them because

she's collecting tales and pictures from the area's residents for a Facebook page called "Human Faces of 107th Ave."

She has collected numerous inspiring stories, including one from a Somali woman who supports her 10 kids alone by running a restaurant. But few Edmontonians will meet her because they rarely experience this avenue from anywhere but the isolation of their cars. Instead they see what we saw — plus sex workers.

Baddour doesn't deny that she sometimes feels unsafe in the neighbourhood, but the reason is mostly guys who cat-call her and other women leaving from or arriving at EISA.

"The word ghetto is used to describe this place," says Baddour. "We want to challenge that perception."

She's not alone. Artist Kristina de Guzman and rapper/illustrator Kaz Mega recently received Edmonton Heritage Council funding to create a

comic book documenting the heroic lives of the area's refugees and immigrants. The visual medium was chosen to cut through literacy barriers.

Heroes of 107th will be published in the spring, says de Guzman, who's collaborating with EISA by collecting narratives from its intercultural "story circles." "You'd be surprised what people will share in just one meeting," says de Guzman. "They are inspirational to me, and heroic because of their optimism."

Other initiatives, however, have been misguided, such as the Design District campaign, which is both whitewashing the dominance of ethnic businesses and predictive of the changes to come.

As downtown's revitalization creeps northward, a growing concern at EISA, says Baddour, is hiked rents. At the same time, the area is becoming a more appealing destination to outsiders, already

apparent with coffee roasters and a popular music venue.

One thing's for sure: The immigrant stories that reflect Canada itself will be even harder to find. "That's the root of this project: What's going to happen to these people?"

On our walk we pass a Design District sign, appropriately placed outside a modern lighting showroom with a side entrance. "Appointment only," she points out, as she crosses the street to the barbershop where Somali immigrant Abdi sits outside with his friend.

She asks for permission, then snaps his portrait. They have difficulty communicating. But amongst the few comprehensible responses to the question why he likes 107th, he says, "The neighbourhood is very good."

Omar Moullem

(@omar_aok) is based in Edmonton and edits the Yards magazine.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO WESTERN CANADA
Steve Shroot

MANAGING EDITOR EDMONTON
Tim Querengesser

ADVERTISER INQUIRIES
adinfoedmonton@metronews.ca
General phone 780-702-0592

FREE TO SHARE

PHILOSOPHER CAT by Jason Logan



BELOW RETAIL • THOUSANDS BELOW RETAIL



\$11,988
\$42WK

2011 RAM 1500 CREW 4X4 BIG HORN HEMI #11T5540



2014 CHRYSLER 200 TOURING

\$13,988 \$49WK



2012 RAM 2500 CREW 4X4 LARAMIE DIESEL

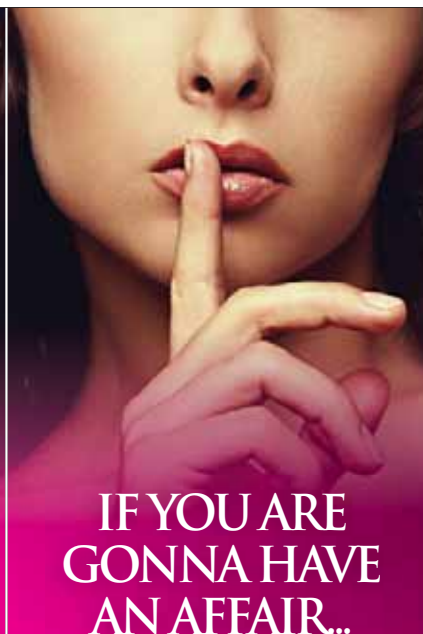
\$43,988

LOW KMS



\$16,988
\$59WK

2009 RAM 2500 Q/C 4X4 SLT #09T3825



IF YOU ARE
GONNA HAVE
AN AFFAIR...



\$30,988
\$107WK

#14B2183

2014 RAM 1500 Q/C 4X4 SLT HEMI

ONLY
3470KMS



2015 CHRYSLER 300 LIMITED AWD

\$30,988 \$107WK



2015 BMW 328i XDRIVE

\$39,988 \$137WK



\$13,988
\$49WK

#10B0605

2010 JEEP COMMANDER SPORT 4X4

THOUSANDS BELOW RETAIL • THOUSANDS E

HAVE AN AFFAIR WITH US!

WE PROMISE NOT TO TELL!



2011
FORD
ESCAPE XLT

#11B8177

\$13,988

\$49
WEEKLY



\$9,988

\$34
WEEKLY

2009
DODGE
JOURNEY

#09T6302

WWW.CWAS.CA

THOUSANDS BELOW RETAIL • THOUSANDS BELOW RETAIL

THOUSANDS BELOW RETAIL • THOUSANDS BELOW RETAIL



2014 RAM 3500 MEGA LIMITED DUALY

\$64,988 \$225WK

MUST SEE



2014 FIAT 500L TREKKING

\$17,988 \$62WK

NAVIGATION
SUNROOF



2014 HYUNDAI ACCENT GL

\$10,988 \$37WK



2015 NISSAN ALTIMA 2.5S

\$16,988 \$58WK



2014 TOYOTA CAMRY LE

\$15,988 \$54WK



2014 DODGE CHARGER

\$16,988 \$58WK



2010 FORD EDGE LIMITED AWD

\$20,988 \$71WK



2013 HYUNDAI ELANTRA GL

\$11,988 \$41WK



2015 CHEVROLET EQUINOX LS AWD

\$20,988 \$78WK



2014 FORD ESCAPE AWD ECO BOOST

\$18,988 \$65WK



2010 KIA SOUL SX

\$5,988 SUNROOF



2014 FORD FIESTA SE

\$10,988 \$37WK



2013 FORD FOCUS SE

\$12,988 \$44WK



2014 KIA FORTE LX

\$11,988 \$41WK



2012 DODGE GRAND CARAVAN STOW N GO

\$11,988 \$41WK



2012 MAZDA3 GS

\$10,988 \$37WK



2014 NISSAN SENTRA

\$12,988 \$44WK



2014 HYUNDAI SONATA GLS

\$13,988 \$45WK



10212 - 178 STREET • VISIT US ONLINE AT **CWAS.CA**
LOCAL 780.483.7516 • TOLL FREE 1.866.310.5751

HOURS: MONDAY - FRIDAY 9-9 • SATURDAY 9-6 • SUNDAY 11-5

PRICES AND PAYMENTS SHOWN PLUS GST. EXAMPLE: 2014 HYUNDAI ACCENT GL #14B2814 \$10,988 @ \$37 WEEK BASED ON \$0 DOWN OVER AN 84 MONTH TERM AT 4.98% GENERATES INTEREST CHARGE OF \$1,962 OVER TERM. TOTAL COST OF BORROWING/OBLIGATION OVER ENTIRE TERM IS \$12,950 AND DOES NOT INCLUDE GST. VEHICLES MAY NOT BE EXACTLY AS ILLUSTRATED. SEE DEALER FOR COMPLETE DETAILS. SALE PRICES END AT STORE CLOSING TIME THIS EVENING.





Kids' books tackle tough topics

BOOKS

Stories help parents with talks about sex and death

Megan Haynes
For Metro Canada



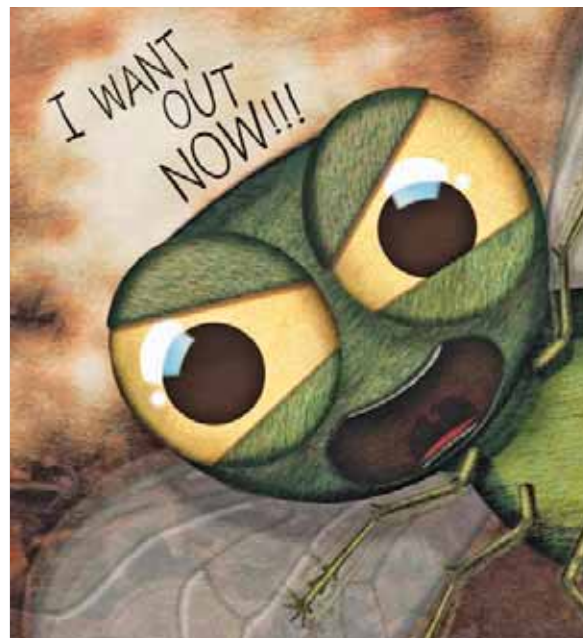
How young is too young to learn about sex? Disease? Death?

"As parents, we want our kids to learn everything," says Cory Silverberg, author and sex educator. "We get so excited when they learn a new word, how to walk. But even in the most open of households, sex is a topic that gets treated a bit differently. It's the same for death, violence and war. And that's confusing to kids."

Books, he says, can help parents have those difficult conversations.

Sex is a Funny Word
Silverberg started writing *Sex is a Funny Word* (Seven Stories, \$23.95, out now) more than two years ago — well ahead of the deluge of news around the current Ontario curriculum, issues of consent, and transgender rights. And with all these topics in the news, the timing of its release couldn't be better.

Sex is a Funny Word is a trans-positive and feminist-leaning sex education guide for kids eight to 10 that tackles consent, gender and masturbation (and more). It was written and illustrated to be



Bug in a Vacuum examines the five stages of grief, even though it doesn't explicitly talk about death. CONTRIBUTED/MELANIE WATT

as inclusive as possible, he says. Phrases like "could feel" and "is an example of" are meant to help kids realize that just because they don't feel a certain way, have a certain body part or do a certain thing, it doesn't mean something is wrong with them.

"When you say 'having your mom brush your hair is an example of feeling good in your body,' well what happens if that person doesn't have a mom?" he says. "That's a little moment that kid (thinks) 'Oh, this book doesn't reflect me.'"

And while inclusivity is a primary goal of the book, the main purpose is to define words kids might hear but not understand and facilitate discussion, he says.

"'Sexy' is a great example," he says. "I say 'some people think sexy is this' (in one chapter) and that gives parents an opportunity to say 'In our family, sexy is something else.'"

Bug in a Vacuum
Opening a discussion was a key goal for Melanie Watt's *Bug in a Vacuum*, (Tundra Books, \$24.99, out now), which follows a fly



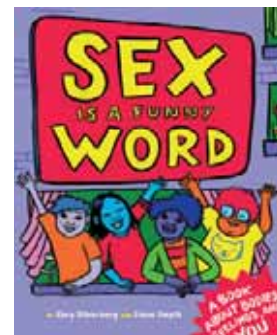
sucked into a vacuum as it (and its wiener-dog friend on the outside) go through the five stages of grief, she says.

The book, for kids five to nine, isn't explicitly about death, but there are overtones towards the topic (the bug deals with the realization that it might never escape the vacuum, while the dog deals with the loss of its friend).

"The two characters both struggle with a problem. They react in similar ways, but for totally different reasons," she says. "I think that's a nice metaphor to

life: Everyone can go through a difficult moment, and it's OK, because you're not alone."

Today is the Day
Of course, being alone is a relative concept. Eric Walters' *Today is the Day*, (Tundra Books, \$19.99, out Oct. 13, 2015) helps kids tackle what happens to youth in nations with high mortality rates. Set in Kenya, the story, for kids five to nine, follows a young girl celebrating her birthday alongside the rest of the orphanage. All the kids celebrate on the same day, as most don't have re-



Books are a tool that can help make very difficult conversations a little easier.

Author and sex educator
Cory Silverberg

cords of when they were born. The epilogue explains many children in the region grow up without parents due to HIV/AIDS, but they too have value and are deserving of birthdays.

"Books are a tool that can help make very difficult conversations a little easier," adds Silverberg. It isn't that kids don't understand these big concepts like war, death, disease, sex, or gender issues, he says.

"Often these conversations don't go well because of a lack of language.

"Kids are smart — they understand the world around them — they just want the right words."



EDMONTON SKI & SNOWBOARD SHOW

POWDERFEST.COM

GET GEARED UP FOR WINTER!

FIND THE GREATEST DEALS IN WESTERN CANADA!

Produced by:



OCT 24 & 25

EDMONTON EXPO CENTRE

Saturday 10am – 5pm | Sunday 11am – 5pm

Tickets | \$12 General | \$8 Student/Child

WEEKEND AND FAMILY PASSES AVAILABLE

Come and meet Paralympic Snowboarder

presented by:

MICHELLE SALT
(Saturday only)



Pelvic pain? You're not alone

WOMEN'S HEALTH

Endometriosis conference aims to spread awareness

When she was just 13, Laura Cone was put on birth control to help ease the intense pain she experienced during menstruation. It took eight years for her to find out why it wouldn't go away.

Cone, 30, was finally diagnosed with endometriosis when she was 21. But the nightmare didn't end there, she said. In the following years she struggled to get the help she needed to treat a pelvic-pain condition that had festered in her body for so long.

"It's more common than heart disease and diabetes, yet most people don't know about it," Cone said.

The Saskatoon woman is co-organizing the province's first endometriosis conference Saturday at Royal University Hospital. Guests include a psychologist, yoga therapist

and disability lawyer as well as a specialist from a pelvic-pain centre in B.C. as the keynote speaker.

Statistics show that around one in 10 women have the condition, which occurs when the lining of the uterus escapes the uterus and latches onto tissue and organs in the pelvic area and beyond.

It often causes severe menstrual pain and pelvic inflammation in patients; sometimes the bloating is so extreme it can resemble a pregnancy, Cone said. However, many women suffering with endometriosis struggle to become pregnant.

But it can go overlooked because of the vagueness of its symptoms, taking an average of 10 years to diagnose. As a result, endometriosis often gets misdiagnosed as other

pelvic-related conditions, such as irritable bowel syndrome or pelvic inflammatory disease.

That misdiagnosis — combined with a lack of information about the disease — can keep sufferers in a helpless and debilitating state, Cone said.

She describes visiting doctor after doctor, explaining that something wasn't right, and being made to feel like she was going crazy.

"It gets to your head when somebody who society reveres says, 'There is nothing wrong with you, it's all in your head.'"

Cone said the condition

is "extremely complex" because it can act so differently in every patient. She describes stories of people who live their entire lives not knowing their body was riddled with endometriosis, while others are bedridden due to one, small piece.

But the cause of endometriosis remains a mystery, and there is no cure. Cone said one reason why it is so hard to diagnose is because a diagnosis requires surgery, which many doctors are reluctant to do. While some doctors will conduct a test screening, Cone said the tests alone won't always catch the condition.

"It can be microscopic. Just because it's not found doesn't mean that there isn't a piece hiding behind your liver causing you grief," she said.

Cone hopes the conference will also provide doctors with more information about the disease. She said there are three endometriosis special-

“It gets to your head when somebody who society reveres says, ‘There is nothing wrong with you, it’s all in your head.’”

Laura Cone, who lives with endometriosis



Laura Cone wants to help doctors learn about chronic pelvic pain. ISTOCK

ists in Saskatchewan: two in Regina and one in Saskatoon.

But in order to reduce wait lists, she believes the province needs to train more specialists.

Dr. John Thiel, one of Saskatchewan's specialists, agrees doctors can always learn more when it comes to the disease. He said the conference also aims to help women find alternative ways to treating chronic pelvic pain other than surgeries and medication.

"Because oftentimes medical students, they're only as knowledgeable as their teach-

ers, and traditionally in medicine, we've done a poor job of teaching not only how to

manage acute pain, but how to manage chronic pain."

THE CANADIAN PRESS

+ HEALTH

Chronic pelvic pain is more common than you think

Statistics suggest about one in 10 women live with endometriosis. However, because the condition is difficult to detect through tests, and symptoms are vague, it can take an aver-

age of 10 years for doctors to reach a diagnosis. Saskatoon woman Laura Cone hopes the endometriosis conference will provide health-care professionals with more information about the disorder so.

THE CANADIAN PRESS

IMMIGRATION CONSULTANTS & RECRUITMENT

Qualify for Permanent Residence through Express Entry?
In need of Canadian Immigration Services or need an LMIA?
Are you an employer looking to hire or retain a foreign worker?

Professional immigration advice and service you can trust!



WE OFFER:

Express Entry Applications
Temporary Foreign Worker Placement
Business Visas
Provincial Nominee Programs (Including the AINP)
Family and Spousal Sponsorship
Temporary Visas to work, study or visit Canada

SYMY

Licensed and registered Immigration Consultants
Toll Free in Canada or USA: 1-866-263-7969
P: 780-761-1836 or 780-761-3618
www.symyimmigration.com

Schedule your
FREE CONSULTATION
and let us help you start your
new life in Canada!



rabbit hill
snow resort

Buy Now and Friends Ride FREE!

Purchase your season pass by September 30 and **SAVE UP TO 25%**

www.rabbithill.com

#embrace Winter

WIN
an Adult Flexi Pass (\$155 Value)
includes 6 transferable lift tickets or rentals valid for the 2015/2016 & 2016/2017 seasons

Visit clubmetro.com to enter

No purchase necessary. Terms & conditions apply. For full contest details and conditions, visit clubmetro.com

NOW OPEN

H clinic
Walk-in & Family Practice

"Your access to quality healthcare"
Dedicated to your health!

ACCEPTING NEW PATIENTS WALK-INS WELCOME FAMILY PRACTICE

14433 Miller Boulevard | Edmonton
780 H CLINIC (425 4642)
Book Online: www.hclinic.ca



Cedric Schell fishes in Quetico Provincial Park in Ontario. INSTAGRAM/WOODS CANADA

'Dream job' lives up to its name

WOODS CANADA

Couple hopes others get paid to travel trail



Emily Jackson
Metro | Vancouver

The verdict is in: Being paid to camp and travel across Canada for nearly five months really is a dream job.

Whistler residents Magee Walker and Cedric Schell, one of two couples selected for outdoor gear company Woods Canada's "dream job" contest to get paid \$20,000 apiece to travel the Trans Canada Trail, told Metro about their journey as it wrapped up in Toronto last week.

The couple was hired by Woods Canada in the role of "explorers," trailblazing, multi-tasking and connecting with Canadians through social media in addition to travelling the 17,000-kilometre Trans Canada Trail.

"I'd definitely do it again," Schell, 29, said of the pair's trip to eight provinces and one territory. They hiked, canoed, kayaked and rode horses, all the while snapping photos and videos to promote the company. "We've always wanted to travel Canada. We went to places we didn't even know existed," Walker, 28, said.

She was surprised by how much she loved Quetico Provincial Park in Ontario, and he was thrilled to see the northern

lights while camping by the Mackenzie River in the Northwest Territories.

Not that there weren't any challenges. "We've been together for two years, but we never really worked together. It's a different kind of dynamic for the relationship aspect," Walker said.

They had to negotiate who would do what, all the while dealing with tough weather and physically exhausting situations.

"It tests you, it pushes you... you either finish stronger than ever or you break up," she said with a laugh.

The contest appears to have been a good marketing campaign for Woods, too. The company racked up thousands of social media followers and received hundreds of likes on Facebook and Instagram pictures and videos.

Walker and Schell are on their way back to Whistler, where he is a paramedic and a firefighter and she a freelance writer. They hope they can do more trips with him shooting photos and her writing about the experience.

The pair hopes Woods holds the contest again next year.

HEALTH

Reduce eye strain with these tips

Tired eyes, fatigue, headache? Skipping that afternoon coffee may not be to blame.

According to the Ontario Association of Optometrists (OAO), these symptoms are common with Computer Vision Syndrome, a group of modern-day eye and vision-related problems that affect between 70 and 75 per cent of computer users who spend more than two uninterrupted hours each day staring at a computer, tablet, TV, e-reader or smartphone.

Prolonged screen time—a recent Ipsos report found the average Canadian smartphone owner spends almost seven hours each day on digital devices—at work, on transit and at home, add up. Which means our peepers are taking the brunt of the visual demand, says Dr. Jeff Goodhew, president of the OAO.

"There's a muscle (ciliary) in the eye that allows us to focus on our screens. If this muscle is tensed over time, it starts to tire and cramp up, resulting in the symptoms we are seeing related to eye strain such as headaches, dry eyes, blurred vision and eye irritation."

Fortunately, the risk can be reduced using these tips.

Use the 20-20-20 rule

Every 20 minutes take a 20-second break and focus your eyes on something at least 20 feet away. "That allows the little muscle inside the eye to relax, and that break is enough to rejuvenate it. We are resetting it, so to speak, by looking at something further away," says Dr. Goodhew.

Remember to blink

"Blinking frequently is like breathing, we don't think about it," says Dr. Ritesh Patel, director of optometry at See & Be Seen Eyecare in Liberty Village. But our blinks, which moisten the eye, drop from an average

Program
INFO NIGHT
October 1, 2015 | 5:45 - 7:30 pm | 10232 - 106 Street

Explore all that NorQuest has to offer

Learn about admission requirements, tuition and fees, funding options, upgrading, and more! Choose a break-out session and explore which program interests you.

- Health
- Business
- Community Studies
- English Language Training
- Academic Upgrading
- Continuing Education
- University Transfer

Enter to win one of two \$500 tuition credits!

Doors open at 5 pm — come early and view our labs and learning spaces.

Step Forward | norquest.ca/PIN

NORQUEST COLLEGE

of 12 per minute to five when concentrating on a screen. That exposure can result in dry eyes, which can be treated with over-the-counter artificial tears.

Keep your distance

Your computer should be about an arm's length from your eyes and 20 degrees below eye level. "This distance is easier for the eye to focus on versus a standard reading distance," says Dr. Goodhew.

Minimize glare

Eye strain is often caused by bright outside light streaming through a window or harsh in-

terior lighting. Close blinds, dim the lights in the room if possible and consider installing an anti-glare screen cover. If you are having trouble locating the source of the glare, turn off your monitor to reveal a darkened screen, and tilt/swivel your monitor until the reflection disappears.

Consider your eyewear

Many lens manufacturers now offer anti-reflective coatings and prescription lenses optimized for a computer screen distance that reduce the amount of focusing effort that the eyes must exert.

Book an eye exam

Tell your doctor about your symptoms and how often you use a computer or digital device at work and at home. Adults aged 20 to 64 should schedule an exam every two years, advises Dr. Goodhew, adding those with medical issues, eye disease or eye disease in the family should be checked annually.

Children and teens spending hours hunched over a screen may need reminders to give their eyes a well-earned break, notes Dr. Patel. "Eighty percent of learning is visual, which is why it's imperative we pass on these tips to protect their vision." TORSTAR NEWS SERVICE

\$ SOCIAL MEDIA

Facebook rebrands free Internet service, expands

Facebook has changed the name of its program offering free Internet to developing countries to "Free Basics" and added more services.

It used to be a service within Facebook's broader Internet.org initiative, which seeks to expand online access around the world.

It comes after criticism because of the limited service for the free program — which some say flies in the face of Facebook's commitment for "net neutrality," or equal treatment for all online

services.

Earlier this year, Facebook opened the initiative to outside applications after news organizations in India withdrew their websites.

In a statement late Thursday, Facebook said that with its latest update, "more than 60 new services are available across the 19 countries where free basic services are available."

Facebook has said it would be impractical to offer the entire Internet for free through the program, which works through mobile carriers in various countries. AFP



Computer Vision Syndrome affects between 70 and 75 percent of computer users who spend more than two uninterrupted hours each day staring at screens. ISTOCK

Watch the money pile up

LONG-TERM INVESTMENT

Compound interest is not chump change

Gail Vaz-Oxlade
For Metro Canada



When I was writing Money Rules, my beautiful — if somewhat bossy — editor at HarperCollins told me that I had to include an explanation of compounding.

"Again?" I said, horrified.

"Yes," she replied.

"How many different ways do I have to do this?"

"At least once more," she replied matter-of-factly.

I'm not sure what it is about compound interest that makes people's eyes glaze over. But it does. It shouldn't, because it's really quite a simple thing to understand. Compound return is the return you earn on the return you earned. For the sake of this example I'm going to narrow it down even further to 'the interest you earn on the interest you earned.' Do not jump all over me for the interest rate I'm using. I'm

trying to make a point. For now, just follow the math.

Let's say you invested \$15,000 last year at 5.5 per cent. So you earned \$825 in interest. Now you have \$15,825.

You decide to keep your money invested for another year. You're still earning 5.5 per cent. However, since you have more money invested — \$15,825 instead of your original \$15K — you earn more interest. This year instead of \$825 in interest, you earn \$872 in interest, so now your \$15,000 investment is worth \$16,724.

Hey, Gail, that's only \$47 more... that's no big. Whatcha getting so excited about?

Since you didn't have to lift a finger to earn that \$47, I'd say it was a big deal. And you can continue to compound that return to earn even more. Leave it for another year at the same rate of return and your \$15,000 will grow to \$17,644.

If you can grow your \$15K to \$17,644 in just three years, imagine what you could do with more time.

Let's say all you can come up with to save this year is \$1,000. Some people might say it won't amount to much so why bother.

I say, "bother". Put compounding on your side and watch the magic happen. Invest that \$1,000 a year at 5 per cent in either a TFSA, RRSP or RESP (so we don't have to do the math on the taxes) here's what happens:

- If you're 40 and have 25 years to save, your \$25,000 will turn into \$50,113
- If you're 30 and have 35 years to save, your \$35,000 will turn into \$94,836
- If you're 20 and have 45 years to save, your \$45,000 will turn into \$167,685

More time means more compounding which means more growth. You can speed up that growth by also looking for ways to earn a higher return on your investments.

Different investments have different returns based on how easily you can get at your money — called your liquidity — and how much risk you're prepared to assume to make more money. Savings accounts are very liquid and very safe. You can get at your money anytime, and your money will be there when you want it. But savings accounts also come with the lowest rates of return.

Stocks are at the other end of the spectrum: you need to be

prepared to invest the money for ten years or more, and you have to be able to handle the slips and slides, rises and falls that are part of the market, but you have the opportunity to earn more money on your money. Only you can decide which types of investments suit you. But let's look at how return affects the growth of your savings.

Let's say you can come up with \$250 a month to save:

- If you invested at 5 per cent, in 15 years the \$45,000 you invested will turn into \$68,822.
- If you invested at 7 per cent, that same amount will turn into \$79,240.
- And if you invested at 9 per cent, in 15 years that \$45,000 will turn into \$94,601

Look at how much of a difference even 2 per cent more on your portfolio will mean in return, particularly over the long term. If the first thing that springs to mind is, "Where the hell am I going to get 9 per cent in this day and age?" my answer is, "Probably nowhere, unless

you're prepared to accept substantial risk."

But now isn't the future, and if you'll be living for the next 25 or 30 years you can rest assured that the economy will change. Interest rates will go up and down. So will returns on the market. What's important to understand is that the harder your money works in terms of return, the more you'll have.



For more money advice, visit Gail's website at gailvazoxlade.com

ROBERTSON COLLEGE

It's Time to Check Out Robertson College

Take the first step towards your new career with Robertson College where we know our students by name and not their student numbers.

- ✓ Programs in Health Care & Business
- ✓ Be Career Ready & Employable in One Year or Less
- ✓ Experienced Instructors Bring Real World Insight into the Classroom
- ✓ Career Services & Job Search Assistance When You Graduate
- ✓ Gain Access to Our Employer Network
- ✓ Online Programs are Available - Earn Your Diploma or Certificate 100% online

Visit robertsoncollege.com to learn more about our programs or call us at **587.408.3168** to get started!

YOU COULD WIN

a double pass to an Advance Screening of **SICARIO** on September 30

visit **clubmetro.com** to enter

entertainmentOne

No purchase necessary. One entry per person, per day. Contest open to residents of the cities of Vancouver, BC, Calgary and Edmonton, AB, Winnipeg, MB, Ottawa, ON, and Halifax, NS, who have attained the age of majority in their province of residence as at the start of the Contest Period. Odds of winning depend on the number of eligible entries received in each city. Thirty (30) prizes are available to be won in each market, consisting of a double pass to a screening of Sicario on September 30, 2015. Approximate retail value of each prize is \$25 CDN. Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on Sept 21, 2015 and closes at 11:59 pm ET on September 28, 2015. To enter and for complete contest rules visit www.clubmetro.com

Three steps to help you achieve those big goals

INTERVIEW

Changing our thinking patterns has profound effects

Emily Laurence
Metro | New York



If you feel like nothing in your life is going the way you

want it to or planned, it's time to change your mindset. Martina E. Faulkner has made a career of helping people envision the life they want and then making it happen, and now she's brining her tips to the masses in her book, "What if..?" She shares some of her tips with us here.

Figure out what you really want

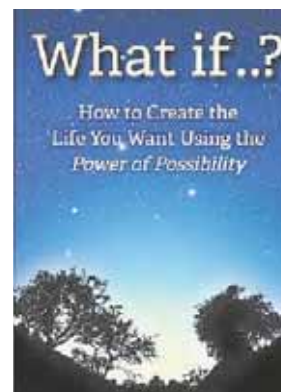
Sometimes, what you think

you want, isn't really what you want. "Some of my clients say they want to win the lottery," Faulkner says. "But then I ask them why they want to win the lottery. Is it because they're scared they won't have enough money to pay their bills? Is it because they want to travel?" Faulkner says once you get to the root of what you really want, you can start seeking out ways to make it happen, whether that

be striving toward a higher-paying job or starting a new career that allows for more travelling. It's a better bet than hoping you score that golden ticket.

Focus on making small changes, not a huge one

If your goal is to become the CEO at work, that's great, but thinking about going from where you are to the very top can be overwhelming, so



Faulkner says to start small. "Smaller, more manageable changes that we can create through manifesting is a good place to start," she advises in

For long-term ideas, dream big. The imagination is a wonderful thing, so daydream
Martina E. Faulkner

SCHOOL

Why two languages are better than one

We talked to Emmanuel Saint-Martin, a French native and founder of the Bilingual Fair in New York City, about the benefits of dual-language school programs.

It's good for the brain

Researchers at York University in Toronto have found that bilingual children have greater cognitive flexibility, meaning they can process a greater amount of information than their peers.

"Because their brain is used to switching from one language to another, they're able to multi-task better," says Saint-Martin. "They know how to ignore the information or knowledge in their head that they don't need and make the right choice at the right moment." (Studies have shown this helps with mathematics, as well as with social interactions.)

It's good for one's health

All that brainpower has an even more significant effect, too. "It is said that being bilingual can help prevent dementia," says Saint-Martin. And, indeed, a 2010 study of 211 Alzheimer's patients found that those who spoke two or more languages fluently staved off the disease longer than those who didn't.

It's good for one's career

Not everyone in the world speaks English, and with the economy getting increasingly globalized, employers are looking for workers who can travel and converse with inter-

national clients and partners. "The fact that you are able to communicate with much more people means that you'll be able to find better jobs — and better-paid jobs," Saint-Martin says.

It encourages open-mindedness

Learning multiple languages — and studying with peers who come from different cultures — makes students more well-rounded, more inquisitive, more tolerant and more curious about the world, which is important in an increasingly

Bilingual kids are more open to the world

Emmanuel Saint-Martin,
founder of NYC's
Bilingual Fair

open, global and connected society. "Bilingual kids are more open to the world and open to others," says Saint-Martin. "And that's very advantageous nowadays." METRO NEW YORK

KIA WEST EDMONTON

BEST SERVICE · BEST SELECTION · BEST PRICES

FREE Caribbean cruise with every purchase!

<p>2015 Soul LX <small>stk#18772</small></p> <p>was \$18,660 Now \$14,910</p> <p>minus \$3,750 cash bonus Or \$105 bi weekly</p> <p>@ 0.99% OAC</p>	<p>2015 Cadenza <small>stk#17937</small></p> <p>was \$39,530 minus \$6,000 cash bonus Now \$33,530</p> <p>Or \$199 bi weekly</p> <p>@ 0.99% OAC</p>	<p>2015 Sportage LX <small>stk#18820</small></p> <p>was \$24,660 minus \$4,850 cash bonus Now \$19,810</p> <p>Or \$125 bi weekly</p> <p>@ 0% OAC</p>
---	---	--

WE'RE CELEBRATING AND AWARDING YOU GREAT SAVINGS

0%

FINANCING FOR UP TO 84 MONTHS

\$7,000

IN DISCOUNTS

OFFER ENDS SEPTEMBER 30TH

ON SELECT MODELS*

10151 - 179 ST.

1.800.NEW.KIAS

kiawestedmonton.com

5 YEAR/50,000 KM WARRANTY

3 HOURS NORTH OF WEST EDMONTON HALL

10151-179 st.

The Power to Surprise

* All vehicles do not include 5% gst. Some vehicles may not be exactly as shown. All rebates to dealer. Eg. 2015 Sportage LX stk #18820, COB \$2850, total amt financed \$22,660 + tax with \$0 down over 84 months @ 0% OAC.



Children in dual language school programs have greater cognitive flexibility. ISTOCK

WORK-LIFE

Some thrive on pressure, others need downtime

Eleni Deacon
For Metro Canada



Schedule breaks. Prioritize. Turn off your phone after 6 p.m. Exercise during your lunch hour. Make sure you actually take your lunch hour. Make sure you actually eat during your lunch hour. Meditate for six minutes every morning before sunrise. Know when to stop.

Work-life balance is the white whale of the white-collar world. Employees want it — but it's often too slippery to pin down.

Which is why Amazon became the target of criticism last month when The New York Times published a fascinating — and highly disparaging — investigation into their take-no-prisoners corporate culture.

Former staffers described the organization's combative atmosphere and punishing workloads, as well as the many personal sacrifices necessary to uphold the company's ag-

“

When discussing work-life balance, there's a prefab idea of what it means.

gressive demands.

Compared to other tech giants like Netflix and Google — which famously offer perks like unlimited vacation and time to work on your own projects — Amazon comes off as stingy and cold.

Despite disturbing anecdotes about Amazon's institutionalized backstabbing and failure to support ailing employees during serious life crises, some of the article's sources found the company's breakneck pace exhilarating.

When discussing work-life balance, there's a prefab idea of what it means: work hard 9 to 5, chill hard when you're not at work.

So while the Amazon exposé illuminates the company's failure to uphold this vision, the happy employees suggest a different model altogether.

Their inner scales are not calibrated according to an even distribution of life and work. For them, intensity brings harmony.



The myth of balance

Work-life balance is slippery to pin down. People might benefit from figuring out if their workloads match their career ambitions. ISTOCK

Amazon puts exceptional pressure on its staff — but it's

by no means the only company expecting around-the-clock

availability from its workers.

With after-hours communication now the norm, the Amazon story represents the most extreme end of a widespread trend.

The work-life-balance ideal sounds nice.

However, with so many employees falling short of its promise, it may sometimes be more of an unattainable disappointment than an encouraging goal.

Rather than comparing their current stresses to dreams of unplugged weekends and early-morning yoga, employees might benefit from understanding whether their current workload is an appropriate match for their career ambitions and personal stamina.

They may find that their version of balance changes significantly according to career stage, life stage and enthusiasm for their present role.

Working until you're unhappy or burnt out can have dangerous consequences.

But having a healthy understanding of the factors that contribute to your personal work-life equilibrium can help determine whether you're the type of employee who thrives under Amazon-ian tension — or the type who prefers using Amazon to download ebooks for the weekend.

JAPAN

Robot owners warned off droid sex

The company behind a chatty Japanese humanoid named Pepper has felt the need to remind customers who purchase the robots not to engage in sex with them.

Mobile phone giant SoftBank, which sells the units in Japan, states helpfully in its user agreement: "The policy owner must not perform any sexual act or other indecent behaviour."

The wise-cracking Pepper — who, according to its makers, can read people's emotions — costs a cool \$1,600.

The ban on sex with the plastic machine — which stands just 1.2 metres (3.9 feet) and moves on rollers — is the most baffling of the prohibited uses baffling, causing social media in Japan to light up in amazement. SoftBank said lewd acts could trigger punitive action.

AFP



EMPLOY Abilities

DEVELOP EFFECTIVE AND POWERFUL WORK SKILLS!

Entry Level Employability Skills Training Program

24 Weeks Practical Skill Development includes:

- 21 Weeks Skill Development
- 3 Weeks Work Experience

Living Allowance may be Available for Eligible Participants Training funded by Alberta Works

Computer Training Includes:

- Keyboarding
- Windows 7
- Microsoft Office Suite 2010

Approved participants may have access to:

- Sign Language Interpreters
- Specialized Learner Supports

Monday - Thursday
8:45am - 4:00pm

LIMITED SPACE REMAINING CALL TODAY!!

STARTS OCTOBER 13, 2015

Job Readiness Training Includes

- Employability Skills
- Communication Skills
- Job Search Techniques
 - Interview Skills
 - Resume Writing
 - Employer Networking

SPECIAL FEATURES:

300 hours Microsoft Office
200 Hours Essential Job Skills
100 Hours Work Experience

Limited Time Offer

Save Over \$30,000

**Visit website or showhomes
for more details.**

coventry-homes.com/save30

Coventry
Homes
build with confidence



CALL TODAY for more information or to register!
Contact Tony @ 780-423-4106 or tony@employabilities.ab.ca

OSCAR HOPEFUL

Foreign language pick: Felix et Meira

Maxime Giroux's *Felix et Meira* has been selected as Canada's Oscar hopeful in the best foreign-language film category.

It stars Martin Dubreuil and Hadas Yaron and deals with the unusual romance between a married Orthodox Jewish woman and a young man mourning his father's death in Montreal's Mile End neighbourhood.

Telefilm Canada made it official at a Montreal news conference on Friday in the presence of its elated director.

"It's difficult for me to say in English, but I guess 'wow' in English is OK?" Giroux said laughing. "It's a Montreal film — it's in French, in English, in Yiddish," he added. "I'm really happy that I'm here to represent Canada and also Montreal."

Co-producer Sylvain Corbeil

noted the film was made on a budget of about \$800,000 and was shot in Venice and New York City among other locations.

"We had to be really inventive to make it realistic and good," said Corbeil.

Writing the script was difficult because it was not easy to research the closed community. Corbeil also hailed the actors — many of them came from Hasidic backgrounds and had left the community.

"Through our research for this film, we discovered it was a very, very huge step to make because once you leave the community, you're an outcast in your family, in your community," Corbeil said. "For them to have this courage was a great source of inspiration for us."

THE CANADIAN PRESS



Felix and Meira takes place in Montreal's Mile End. HANDOUT

FILM BRIEFS

Wahlberg jokes with pope

Within an hour of the start of a festival headlined by Pope Francis, Mark Wahlberg already had made a joke about his raunchy movie *Ted*. The actor was the master of ceremonies Saturday night while Francis sat on stage at the World Meeting of Families event. Fourteen-year-old

Bobby Hill of the Keystone State Boychoir performed an opera solo and told Wahlberg that he liked his performance in the movie about an angry talking teddy bear. Wahlberg joked that he told the boy the movie wasn't appropriate for someone his age, and he asked the pope for forgiveness. THE ASSOCIATED PRESS

Del Toro returns to dark side in drug cartel film

SICARIO

There's talk that role could earn actor an Oscar nod

Sicario, opening Friday, puts actor Benicio Del Toro in the same U.S.-Mexico drug war milieu as *Traffic*, the 2000 Steven Soderbergh film that won Del Toro the Academy Award for Best Supporting Actor. There's serious talk of another Oscar for him.

His predatory character Alejandro in *Sicario*, a Mexican operative involved in an FBI and DEA sting on an entrenched and violent drug cartel, is decidedly more threatening than the conflicted cop Del Toro played in *Traffic*. But he similarly radiates a sense of righteousness out of the gloom, which he was happy to discuss.

You play dark characters so well. Are you happy to do so?

When I first started acting, the characters that turned me on were characters by actors that I looked up to, guys like Robert De Niro and Al Pacino, and later Sean Penn and Mickey Rourke.... There's something about the characters who are conflicted where you can perhaps play different notes or go against it and find stuff that you never thought you would. But I think doing a character that is dark or doing a character that is light is equally as complicated. One thing about this character (Alejandro) was to make sure that less is more.

You aren't from Mexico, but you've often played Mexican characters. You convey



Sicario starring Benicio Del Toro opens Friday. TOMMASO BODDI/GETTY IMAGES

understanding and empathy for the country.

I've been to Mexico many times. It's a country that I admire, its history and culture. It's one of my favourite countries to visit. In order to do this film, I talked to DEA friends of mine who are involved or have been involved in this world to get information about that because I don't know much about this problem in Mexico with the violence... I like to talk to them and ask questions to see what could be believable, what

would not be believable, and then from there it gives me a sense. It grounds me.

The drug-cartel violence in *Sicario* seems all too frighteningly real, threatening to overwhelm legal authorities and society itself. Does it seem this bleak to you in real life?

It's really scary. Ruben Blades, a singer-songwriter and actor from Panama, has talked about the situation, how it's gotten out of hand and how it's no longer a problem just

for Mexico. It's a problem for other Latin American countries, the United States, Canada, the world. Mexicans need help from other people. But I believe there's hope.

TORSTAR NEWS SERVICE

MOVIES

Contest

Win an opportunity for you and a friend to attend a pre-screening of *Sicario*. See the ad on page 22 for more details.

OCTOBER 2 - 3 • 2015

HALL C • EDMONTON EXPO CENTRE • NORTHLANDS

FRIDAY 4PM - 10PM | SATURDAY 2PM - 9PM

#myPROStmoment ABBeerFestivals

- Local, Seasonal, Craft Beer
- Edmonton's Best Pubs & Restaurants
- Traditional Entertainment

TICKETS AVAILABLE online at:

www.albertaBEERfestivals.com

USE PROMO CODE: **METROLIFE**
and save 15% on tickets

Pattinson losing patience with trolls

DIGITAL

R-Patz fiancée FKA Twigs target of racist commenters

Ned Ehrbar

Metro | Hollywood



Robert Pattinson is the first to admit he keeps breaking the No. 1 rule of the Internet: Don't read the comments.

"I go through periods where I don't do it at all and feel glorious. Then I'll fall back into this pit. It really does affect you, and it all comes from some moron sitting on a comment board. It's always that person who's needing away at you, who you either want to destroy or convince them to love you," he tells NME. "You have this weird thing where you end up trying to fight against

this faceless blob, where the more you hate it, the bigger it gets, because it's all in your head."

And we're not just talking about Twilight haters here. R-Patz has been dealing with a whole new wave of anonymous online negativity from racist idiots ever since he got together with FKA Twigs.

"I was talking to my dad about this and I bet him that if he looked up Nelson Mandela's funeral on YouTube, the first comment would be a racist one. And it was, with like a million up-votes. What I don't get is why," Pattinson says. "I think it's because most normal people are not commenters. I've never met anyone who's left a comment on anything. It's just demons who live in basements."



It really does affect you, and it all comes from some moron sitting on a comment board.

Robert Pattinson



FKA Twigs and Pattinson at the Met Gala. ALL PHOTOS GETTY IMAGES

GOSSIP

Frances Bean Cobain reportedly married without telling mom

They grow up so fast. Frances Bean Cobain, 23, the daughter of Kurt Cobain and Courtney Love, reportedly went off and married boyfriend Isaiah Silva in a super-secret ceremony, according to E! News.

How super-secret are we talking? Not even Love knew about it. Ouch.

"Courtney loves Isaiah but was devastated to learn that Frances had gotten married without her knowing," a source says.

"Courtney really likes Isaiah and is very happy for Frances. Courtney is sad she wasn't at the wedding. Frances called her after but (Courtney) understands why she did it. Frances needs a man in her life and has always craved stability. She's found it in Isaiah. This has not caused a rift between mom and daughter. Courtney was sad, but she's cool and Isaiah is a great son-in-law."

A great son-in-law who dresses eerily like his new bride's dead dad, I think it's worth pointing out.

NED EHRBAR/METRO HOLLYWOOD



DIVORCE

Not-so-sweet ending

Can we sneak this one in under the wire for the Summer of Celebrity Divorces even though it's officially autumn?

Big Bang Theory star Kaley Cuoco-Sweeting is officially ditching her hyphenate as she and hubby of almost two years Ryan Sweeting are calling it quits.

"Kaley Cuoco and Ryan Sweeting have mutually decided to end their marriage,"



her rep says in a statement. "They ask for privacy at this time. No further statement will be issued regarding this matter."

Note that in the official statement she's already sans hyphenate. Subtle. Back in April, amid talk of a potential split, Cuoco took to Instagram to stand up for her man and her marriage and shoot down the rumours. That post, pointedly, has been removed.

NED EHRBAR/METRO HOLLYWOOD

VISA

Travel advisory: Brown on notice

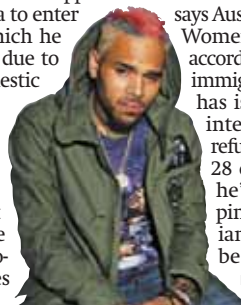
Chris Brown is scheduled to take his tour to Australia in December, but plans might be scrapped if he's denied a visa to enter the country — which he very well may be, due to his history of domestic violence.

"People need to understand, if you are going to commit domestic violence and you want to travel around the world, there are going to be countries

that say to you, 'You cannot come in because you are not of the character that we expect,'" says Australian Minister for Women Michaelia Cash,

according to the BBC. The immigration department has issued a "notice of intention to consider refusal," and Brown has 28 days to prove that he's worthy of stepping foot on Australian soil. This should be good.

NED EHRBAR/METRO HOLLYWOOD



GHOSTBUSTERS

Weaver signs on

The reboot of Ghostbusters has added Sigourney Weaver, one of the stars of the original, to its cast, director Paul Feig has announced.

"Trying to keep surprises but this is about to leak, so I'll tell you myself: the awesome Sigourney Weaver is going to be in our movie!" Feig tweeted on Friday.

It is unknown whether Weaver will reprise her role of Dana Barrett or appear in another capacity. AFP



**BAD CREDIT?
NO CREDIT?
I CAN HELP!**

*You Deserve It!
I Guarantee It!*



2005 NISSAN ALTIMA 3.5 V6
#5T42450A, ONLY \$5,000/kms

\$9,800
or \$111 b/w OAC



2004 JEEP LIBERTY RENEGADE V6
#5J1N2386B

\$6,800



2008 FORD RANGER EXT CAB 4X4 FX4
#5R10801A

\$12,700
or \$119 b/w OAC



Brad McDonald

Call **BRAD 780.951.1657**
Yellowhead & Broadmoor, Sherwood Park

All prices and payments + GST. Eg. 2008 Ford Ranger, \$2961.00 @ 5.99% x 60 months OAC = \$2712.12. Vehicles may not be exactly as illustrated.

LEGAL INFO AT THE CLICK OF A BUTTON

Albertans looking for legal information about family law will soon have a centralized website where they can access quality resources to address their concerns.

The Alberta Legal Information Society (ALIS), with funding support from the Alberta Law Foundation, has developed LegalAve, an innovative and interactive website with up-to-date legal information and resources to help Albertans understand their specific legal concerns, the steps they may need to take, and how to follow those steps. By navigating from one website, Albertans can be assured the information they are getting is correct and applicable, unlike using a general internet search engine to piece together information from an overwhelming number of search results. LegalAve does not provide advice of any kind.

"We want one place to get information, whether it's a family matter under provincial or federal jurisdiction. Our site can point people in the right direction," says ALIS executive director Aftab Khan. "It's for all Albertans."

Some of the resources are in multiple languages and the "Guided Pathway" (step-by-step questions) will be available in 10 languages, including Cree and Blackfoot. There is also a free App.



SHUTTERSTOCK

"We're targeting the whole population — including self-represented litigants who need information, and service providers or lawyers who are gathering information for their clients. We want to be a source on Alberta laws that people can access anywhere, anytime they need," says Khan.

The ALIS staff and board consult with some 50 organizations and individuals in public legal education and information (including legal

clinics, social service agencies, public libraries, lawyers and more) about the website's content.

The site is divided into five family law categories: starting a family relationship, breakdown of family relationships, family violence, solving family legal problems, and ongoing problems in family relationships. Albertans can browse these categories, type a word into the search bar, or use the Guided Pathway to find the relevant information they need. The

ALIS BACKGROUND

ALIS is a non-profit organization established in 2012 to develop a website that will be the first point of access to legal information and services in Alberta. The organization collaborates with community organizations to enhance existing legal information resources while avoiding duplication.

ALIS is encouraging ongoing support and cooperation from all groups in Alberta that offer legal information to the public, and hopes the site will foster valuable communication between itself, the public, legal community and other information providers. More information is available at albertalegalinformationsociety.ca

"Breakdown in Family Relationships" portion of LegalAve (as well as a few other related topics) will be available for public use at the end of October 2015.

LegalAve is currently focused on family law, but Khan said ALIS and its stakeholders will add information on other areas of law in the future.

**COMING
OCTOBER
27, 2015**

legalave™

Your guide to legal information in Alberta

Looking for information
about family law in Alberta?
Let us help you

Reduce the spread of germs

STUDY

Web tool offers tips to modify handwashing behaviour

Andrea Janus
For Metro

It won't be long before the weather cools and public health campaigns start reminding us to ward off cold and flu this winter.

Frequent handwashing is typically one of the top tips for preventing both, and a new study suggests that a simple web-based tool could boost the practice and reduce the risk of catching and spreading illness.

Researchers in the United Kingdom found that a free on-line interactive program, called PRIMIT, which monitors handwashing frequency and offers feedback tips to modify handwashing behaviour, reduced the risk of infection by about 14 per cent.

Of the study's more than 16,000 participants, those who used the program also reported having fewer gastrointestinal illnesses, had to see their doctors less frequently, and did not need as many antibiotic prescriptions compared to those participants who did not use the program.

"Because most of the popula-



Studies have found that washing your hands is important to reduce the spread of cold and flu viruses. SHUTTERSTOCK

tion catches coughs, colds, sore throats and other respiratory infections, this could have an important impact on reducing the spread of these viruses in the general population," Dr. Paul Little, lead study author from the University of Southampton, said in a statement.

The findings were published in the journal *The Lancet*.

The study's authors note that handwashing is "widely advocated" by the medical community to prevent the spread of respiratory tract infections. Their findings, they suggest, not only could be "an effective

Internet intervention designed to increase handwashing," but also have "an important effect in reduction of infection transmission."

Such a program could be implemented during a pandemic to get a handle on the spread of disease, given widespread

access to the Internet.

"The impacts aren't expected to be stopping cold and flus — they are expected to be reducing them, and they do demonstrate that," said Dr. Mike Allan, professor and director of evidence-based medicine at the University of Alberta's de-

partment of family medicine. "The effects are not big ... but they're present."

Such a program could easily be integrated into public health prevention strategies, Allan said, with physicians offering it on a television monitor or a computer in the waiting room.

Public can peruse portals

Health and fitness apps generally help people stay on top of their diets and exercise regimens.

Now public health agencies are using apps and web portals to monitor flu activity and make it easier for average citizens to keep track of their own health records.

In 1996, the Public Health Agency of Canada (PHAC) launched FluWatch, its national influenza surveillance system, to collect data on laboratory-confirmed flu cases across Canada. Every Friday, the agency issues a report with the latest data on influenza activity and posts it to a dedicated web portal for the public to peruse.

The information lets health professionals get a sense of the severity of the flu season, but it also has much broader implications — the data is ultimately passed along to the World Health Organization to help it plan formulations for upcoming flu shots.



Public health agencies are using apps to monitor flu activity. SHUTTERSTOCK

Similarly, the U.S. Centers for Disease Control and Prevention track influenza activity and offer the data, as well as vaccination and prevention information, through its seasonal influenza app, available at the App Store or on Google Play.

While PHAC doesn't have a flu-tracking app, it has compiled all flu-related information at canada.ca/flu, and will typically ramp up vaccine awareness campaigns over the agency's Facebook and Twitter feeds.

The agency has developed

an app called ImmunizeCA for Canadians to store their immunization records. Users can also get vaccination information and schedules, disease outbreak notifications, and a list of necessary shots before they travel.

ANDREA JANUS/FOR METRO

TIPS

How to avoid getting sick

Whether it's a website, an app or a visit to your GP, the advice for preventing cold and flu will generally be the same:

GET THE FLU SHOT

Each year, the flu shot is reformulated to include the strains expected to circulate during the coming flu season. Sometimes scientists miss the mark, but the shot will still offer some protection against illness, the Public Health Agency of Canada said.

WASH YOUR HANDS

Germs are spread by hand-to-hand contact, or if you leave germs on doorknobs,



Gesundheit! SHUTTERSTOCK

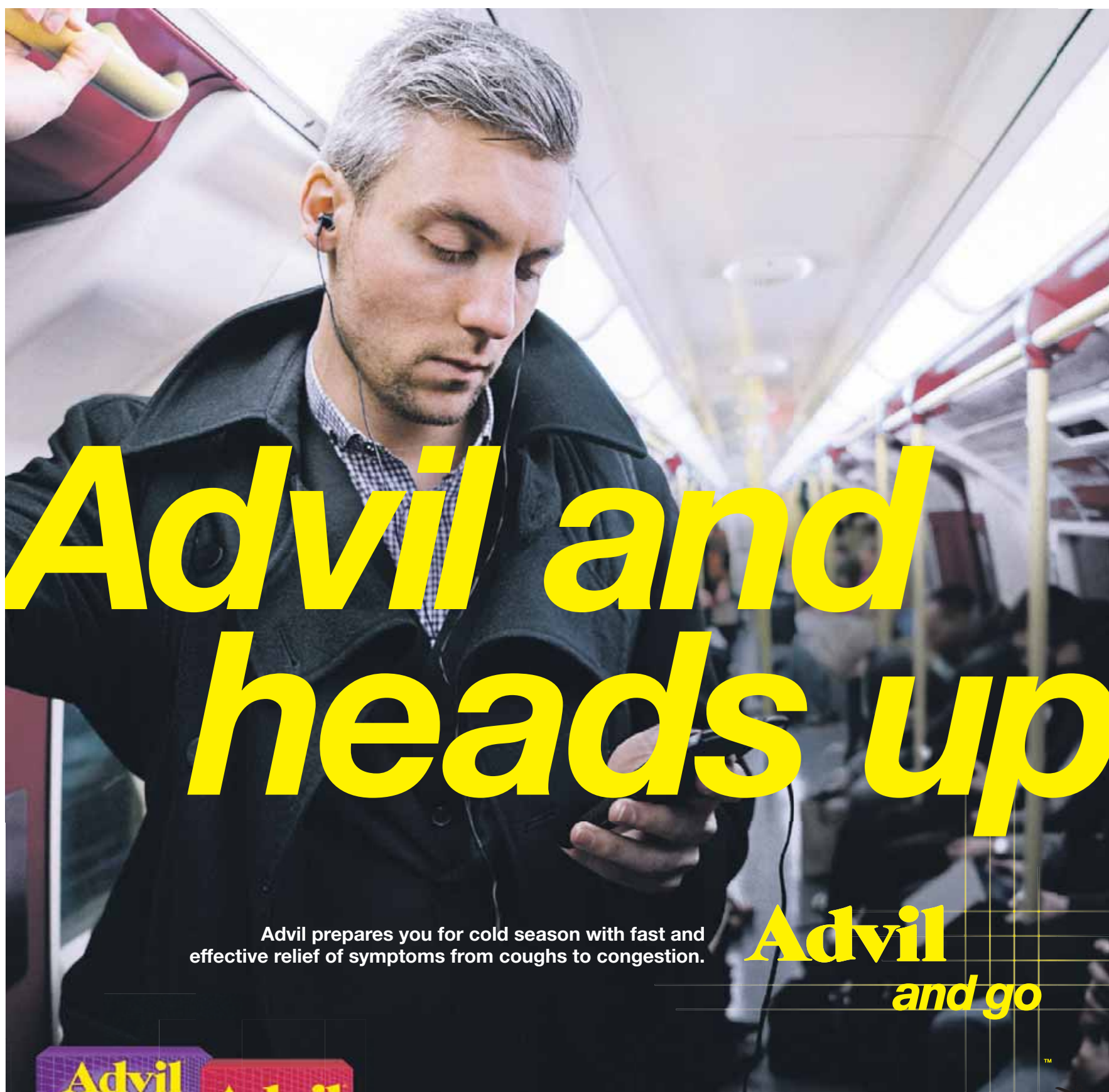
keyboards or other shared equipment that is then touched by someone else.

SNEEZE MANAGEMENT

Cough and sneeze into your arm, not onto your hand. If you use a tissue, make sure it ends up in the garbage and wash your hands soon afterward.

STAY HOME

You and your co-workers deserve a sick day. Don't bring your germs to work and risk infecting everyone around you. ANDREA JANUS/FOR METRO



Advil and heads up

Advil prepares you for cold season with fast and effective relief of symptoms from coughs to congestion.

Advil
and go



TAKE AN ADDITIONAL
\$3 OFF ON SELECT ADVIL
COLD PRODUCTS

ON SALE NOW AT MOST OF YOUR FAVOURITE RETAILERS

BE SURE THIS PRODUCT IS RIGHT FOR YOU.
READ AND FOLLOW THE LABEL.

TO THE DEALER: You will be reimbursed on the face amount of the coupon plus normal handling charge provided you, as our agent, receive it from a customer on the purchase of any Advil Cold product, excluding Advil Cold & Sinus 10's size. Other applications constitute fraud. Failure to produce on request, invoices proving purchases of sufficient stock to cover coupons presented will, at our option, void coupons. Application for redemption accepted from principals only. All coupons submitted for redemption become the property of Pfizer Consumer Healthcare, a division of Pfizer Canada Inc., P.O. Box 3000, Saint John, N.B. E2L 4L3. TO THE CUSTOMER: Where applicable, consumer must pay tax. Offer good only in Canada, excluding Quebec. Limit one coupon per purchase per customer. Not to be used in conjunction with any other offer. Void where prohibited by law. Expiry date: **November 30, 2015**



12927278

Home, sweet, home

If you think you don't need insurance because you don't own a home it could end up costing you money

Picture this: You are renting an apartment and you go to work one day. But the tenant above you left the water running in the tub. Their place floods and the water starts leaking through the ceiling, destroying your computer, furniture and precious antique clock. The really bad news? You don't have insurance.

"Renters definitely need insurance, but many people don't even think about that," said Pete Karageorgos, director of consumer and industry relations at Insurance Bureau of Canada (IBC) in Toronto.

Everyone from apartment dwellers to students living away from home need tenant's insurance, as it can help protect you in the event of loss or damage.

"It's a good investment," Karageorgos said. "A landlord will have insurance, but that's for the building itself. That won't protect your personal belongings. You need to do that yourself."

But that's not all. Let's say you are the one who causes damage to other units, or you have a party and someone trips over your rug and crashes into the glass coffee table — you could be on the hook.

"You are responsible," Karageorgos said.

But what does tenant's insurance really cover?

- It protects your stuff, everything from furniture to your new expensive laptop.
- It protects you if you cause someone harm in your building or if you damage someone else's property in your building.
- Additional expenses after a loss, such as a place to stay temporarily if your apartment needs repairs.

How much you can expect to pay for insurance coverage varies widely, of course, but it's generally less than the cost of a daily run to the coffee shop. Karageorgos recommends researching different levels of coverage, calling to get quotes, and visiting IBC's website (ibc.ca) for free information and advice.

And if someone tells Karageorgos that they can't afford insurance coverage, he asks them if they can really afford not to have it.

"Imagine the cost of having to replace all your belongings at once. It's peace of mind."

DONNA PARIS/FOR METRO



Shopping for the best insurance premiums takes time and plenty of research. Be sure to ask questions. SHUTTERSTOCK

Four common questions

Analise Smart For Metro

Buying insurance can create peace of mind, but there may also be pitfalls.

Daniel Mirkovic, president of Square One, a Vancouver-based company that specializes in home insurance, shares his top insurance mistakes.

1 IMPROPERLY DESCRIBING HOW THE HOME IS USED. Mirkovic said that in addition to letting your insurance provider know basic things like whether the prop-

erty you are buying is going to be your primary home, you should also let them know if you plan to rent out a room. Failure to disclose, he said, can void your entire policy.

"The reality is that it will cost you more to disclose, but not that much more, maybe an extra \$50 a year or so."

2 NOT HAVING INFORMATION ON THE HOME. Information about the electrical system, the plumbing or even when the hot water tank was last replaced are common questions an insurance provider might ask because it affects their assessment of risk.

"It can often be frustrating for customers going through the quotes if they don't have that information," Mirkovic said. "With some companies if you don't have that information they're not even going to be able to issue you a policy."

3 NAMED PERILS ONLY. While you might think insuring your home against only specific types of damage is a good idea, Mirkovic said it isn't. He said it is better to go with a comprehensive policy (these will cover everything, except what is specifically excluded, typically war, terrorism and overland flooding). Find sav-

ings instead by not insuring items that you could deal with losing or can afford to replace yourself, he said.

4 SELECTING DEDUCTIBLES THAT ARE TOO LOW. Mirkovic said low deductibles are a throwback to the early days of insurance policies, when \$250 was a lot of money. And while some companies might still offer these 1960s prices, you are doing yourself a disservice by choosing this option because your monthly payments will be much higher.

"It really doesn't make sense to go with anything lower than \$1,000 these days," he said.

It may be best to wait to buy life insurance

Getting life insurance for the first time can be an overwhelming experience if you don't know what to expect.

Jack Hungelmann, author of Insurance For Dummies, says there are a few things to keep in mind when purchasing a life insurance plan.

DO YOU NEED IT RIGHT NOW?

Hungelmann said many people make the mistake of buying insurance too early. He said you should consider life insurance if you have people who depend on you financially, or if there is a mortgage or something similar involved where your partner would not be able to keep up with the payments should they lose you.

THEY WILL ASK YOU QUESTIONS

Your insurance provider will be asking you personal health and lifestyle questions. Blood tests

and medical exams are common, including things like HIV tests, Hungelmann said, as are questions about recreational activities, addictions and your driving record. While it might seem like your insurance provider is going to know every intimate detail of your life, they need be thorough.

PERMANENT INSURANCE

Going with a permanent life insurance option might seem like the safest bet, but Hungelmann said because it is so much more expensive than term, it can work against you.

"What happens is people buy permanent, and because it's sizably more expensive when they're young, it straps their pocketbook so much that they don't buy all the insurance they need. Term is the way to go when you're young; permanent is something you can work up to later."

ANALISE SMART/FOR METRO

RATES

Momma told you ... you better shop around

Liz Brown For Metro

It's a basic truism in auto insurance — the best drivers get the best rates. But that speeding ticket and fender-bender from last year can't be changed. Fortunately, there are other factors within your control that can help you negotiate the best car insurance rates.

After a clean driving record, considering the car you drive is the next place to look when trying to lower your insurance rates, said Pete Karageorgos, Ontario's director of consumer and industry relations for the Insurance Bureau of Canada (IBC).

"It's a given that a high-end luxury automobile like a Mercedes will cost more to insure, but there are also some vehicles out there that have better ratings in terms of safety features and frequency of theft."

IBC offers a report on its website (ibc.ca) called How Cars Measure Up that offers data from past years claims, which provides a glimpse into what models will be more costly for coverage.

"For example, the Honda Civic and Ford F-150 are two vehicles that are on our most stolen list every year, so they cost more to provide coverage to," Karageorgos said.

When people are purchasing a new or used vehicle, they often factor in gas mileage and maintenance costs, but Karageorgos recommends they also call their insurance company to see how much the vehicle costs to insure.

"Usually, people have two or three types of vehicles they are looking at. Ongoing costs like insurance should be a factor in deciding what car you will buy."

For those confident in their conscientious driving, some Canadian insurance companies have introduced telematics, which can track your driving habits and provide personalized data that can help reduce your rates.

"It monitors how far you drive, what time of day you drive, how hard you brake, how fast you accelerate," Karageorgos said.

In the end, it all comes down to shopping around and finding the right coverage.

"Shop around and get various quotes at various levels of coverages and deductibles," Karageorgos said. "There can be a huge variance between insurance companies."



Insurance providers need to be thorough so they will ask you plenty of personal health and lifestyle questions. SHUTTERSTOCK

HUDSON'S BAY

FINANCIAL SERVICES

CUSTOMIZED COVERAGE AT COMPETITIVE RATES

Choose from a comprehensive suite of insurance products — term life, critical illness, accident, health and dental, home and auto, travel, and pet — all designed to meet your needs and budget.

Hudson's Bay customers benefit from Canada-based customer service, simple and understandable insurance coverage at manageable rates, multi-policy discounts, Hudson's Bay Rewards points¹ and more.

For details, visit hbcfinancialservices.com



¹ Earn Hudson's Bay Rewards points when a valid Canadian credit card is used to pay your premiums or to obtain a no-obligation quote where offered. Hudson's Bay, Hudson's Bay Rewards, hbc.com and their associated designs are trademarks of Hudson's Bay Company, used under licence by Hudson's Bay Financial Services.

A fitting home finale

MLB

Donaldson comes through again for playoff-bound Blue Jays

The Blue Jays' celebrations continued on the field Sunday as Josh Donaldson's walk-off solo homer served up a wild ending to Toronto's regular-season home finale before another Rogers Centre sellout.

The ninth-inning blast to left field gave Toronto a 5-4 comeback win over the Tampa Bay Rays, the latest exclamation point in a year to remember for both Donaldson and the Jays.

"He's got that flair for the dramatic," said Toronto manager John Gibbons, whose team leads the majors with 221 homers. "He really does. He's done that so many times this year."

"Really it was a perfect ending for our home season this year, it really was."

Of Donaldson's 41 home runs this season, 27 have either tied the game or given Toronto the lead. He has three walk-off homers for the year — a franchise record — and has seven over the last three seasons. No other player has more than three.

"Ever since I was young, I've always looked forward to the big moments in the game," said Donaldson. "And I want to be able to come through."

"If it wasn't for my team-



Josh Donaldson follows through on his ninth-inning home run against the Tampa Bay Rays on Sunday at Rogers Centre. FRANK GUNN/THE CANADIAN PRESS

SUNDAY in Toronto

5	4
BLUE JAYS	RAYS

mates today, I'm not even put in that position," he added graciously. "I think they did a great job of battling the entire time."

Toronto outit Tampa 10-6 in winning its fourth straight. The Jays close out the season on the road with four games in Baltimore and three in Tampa.

With a wild-card already assured, the goal is to win the American League East and secure home-field advantage. Toronto's magic number is four.

The Yankees defeated the White Sox 6-1 Sunday to re-

main four games behind the Jays in the AL East.

The Jays are tied with Kansas City for the best record in the AL at 90-65. Amazingly the Jays were 50-51 on July 28 while the Royals were 61-38.

Sunday's dramatic win followed the Jays' short but intense post-game celebrations Saturday to mark ending the club's 22-year playoff drought.



He's got that flair for the dramatic. He really does.

Jays manager John Gibbons

"It got a little out of hand for the situation, after we had a talk before the game (Saturday) about just a toast and that was it," acknowledged Toronto starter Mark Buehrle, who stepped away from the festivities.

The champagne and cigars were put away Sunday, but Donaldson still needed a towel before the day was done.

After sending an 0-1 delivery from Steve Geltz (2-6) toward the left-field seats, Donaldson stopped, dropped the bat and then worked his way around the bases in front of a delirious crowd of 47,287.

Mayhem awaited him.

Donaldson was doused by Gatorade as he disappeared into a scrum of teammates upon crossing the plate, to chants of M-V-P. The third baseman was then doused with popcorn and assorted other liquids during his post-game TV interview.

Starter Mark Buehrle, who was 5-1 with a 2.94 ERA over his last 10 home starts, pitched six solid innings for the Jays. He gave up four runs on five hits with five strikeouts and one walk in a 90-pitch outing that featured 60 strikes.

THE CANADIAN PRESS

IN BRIEF

Harper and Papelbon scrap

Bryce Harper and Nationals closer Jonathan Papelbon got into a fight a day after Washington was eliminated from playoff contention, tangling in the eighth inning of Sunday's 12-5 loss to last-place Philadelphia.

Harper and Papelbon exchanged words after Harper fled out in the eighth. Papelbon then reached for Harper's throat and shoved the outfielder before teammates pulled the pair apart. THE ASSOCIATED PRESS



Jonathan Papelbon grabs Bryce Harper on Sunday in D.C. THE ASSOCIATED PRESS

Record payday for Spieth

At age 22, Jordan Spieth became the first \$22 million man in golf Sunday.

Spieth capped off a dream season when he poured in putts from all over East Lake and closed with a 1-under 69 for a four-shot victory in the Tour Championship. That was all he needed to become the youngest player to capture the FedEx Cup and its \$10 million bonus.

His fifth victory of the year, including two majors, allowed the Texan to set a PGA Tour record with \$12,030,465 in earnings. THE ASSOCIATED PRESS

EXPLORE OVER 100 ENHANCEMENTS AT OUTLANDER100.CA

Outlander GT AWC model shown¹ STOCK# T16035

BUILT OVER 100 WAYS BETTER.

2016 OUTLANDER

BUILT BETTER. BACKED BETTER.

5-AWC Super All Wheel Control Available on Outlander GT¹

2015 IIHS TOP SAFETY PICK+ Top Safety Pick Plus applies to Outlander GT only.

LEASE STARTING FROM **\$179/BW** | **1.99%** | **60** MONTHS²

BI-WEEKLY AT | FOR

+ \$1,500 LOYALTY REBATE³ FOR QUALIFIED RETAIL CUSTOMERS

STANDARD FEATURES:

- 2.4 L SOHC MIVEC 4-CYLINDER ENGINE
- CONTINUOUSLY VARIABLE TRANSMISSION (CVT-8)
- AUTOMATIC CLIMATE CONTROL
- HEATED FRONT SEATS
- LED DAYTIME RUNNING LAMPS AND LED REAR COMBINATION LAMPS
- WINDSHIELD WIPER DE-ICER
- POWER DOOR LOCKS WITH REMOTE KEYLESS ENTRY
- BLUETOOTH[®] 2.0 HANDS-FREE CELLULAR PHONE INTERFACE WITH STREAMING AUDIO & USB INPUT WITH VOICE CONTROL
- LEATHER-WRAPPED STEERING WHEEL & GEAR SHIFT KNOB

17920-100 Ave • 1.855.429.6526 • www.westsidemitsubishi.com

¹ \$1,500 loyalty rebates available on the purchase of any new 2016 Outlander model to current owners and eligible others. Amounts vary by model and will be deducted from the negotiated price after taxes. Loyalty rebate applies to vehicles purchased and delivered between September 1, 2015 and September 30, 2015. Other conditions apply. ² 3,500-lb towing capacity applies to models equipped with trailer brakes. ³ 5-AWC standard on Outlander GT. ⁴ Whichever comes first. Regular maintenance not included. See dealer or mitsubishi-motors.ca for warranty terms, restrictions and details. Some conditions apply. 48 month lease at 0.9% OAC. \$9056 total commitment. Payment plus GST.

10 YEAR 100,000 KM POWERTRAIN LTD WARRANTY⁵

Bills take Dolphins by storm in Miami



Bills receiver Sammy Watkins rises above Dolphins defender Brice McCain on a reception attempt on Sunday evening at Sun Life Stadium in Miami Gardens, Florida. The Bills lost Watkins to a right calf injury and guard John Miller to a groin injury. ROB FOLDY/GETTY IMAGES

NFL

Ex-Fish get payback as Buffalo builds on strong start

Tight end Charles Clay outran a pursuing linebacker, juked past two defensive backs and left them all sprawling as he scored the Buffalo Bills' first touchdown barely three minutes into the game.

The rout was on.

Tyrod Taylor threw for 277 yards and three scores in his first NFL road start, and the Bills embarrassed the Miami Dolphins 41-14 Sunday.

The Bills totalled 429 yards, intercepted Ryan Tannehill three times in the first half, and led 27-0 before Miami scored late in the third quarter.

Taylor said the fast start was critical.

"We definitely know the challenges of the first road game — taking the crowd out of it," he said. "Mostly it was just going out there and executing."

Buffalo (2-1) bounced back from a dismal loss at home to New England. The Dolphins (1-2), who began the season with high hopes of ending a seven-year playoff drought, fell into last place in the AFC East with their second consecutive loss.

"It certainly starts with me, the accountability," said Miami coach Joe Philbin, who began the year with little job security. "I take responsibility... We'll look at everything we're doing. There's no magic potion. If I had a magic

potion, I would have brought it out earlier."

The loss was the most lopsided defeat in a home opener for the Dolphins, who are beginning their 50th season.

Buffalo improved to 5-2 against Miami over the past four years. The Bills are 18-26 against everyone else during that span.

The victory was especially sweet for former Dolphins Clay and Richie Incognito, who were co-captains for Buffalo.

Clay, whose TD reception went for 25 yards, signed as a free agent with Buffalo after four years in the Dolphins. Incognito played in Miami for the first time since his career was derailed for a year and a half when he was implicated in the Dolphins' bullying scandal.

"The last game I played on this field and everything that went down after it — definitely it left a bad taste in my mouth," Incognito said. "To come down and see the guys and compete against them and get a win, it's a great feeling."

Another ex-Dolphin, backup Bills receiver Chris Hogan, added a final insult when he caught a 38-yard touchdown pass in the fourth quarter.

The crowd included billionaire Warren Buffett, who hung out before the game on the Dolphins sideline wearing a No. 93 Ndamukong Suh jersey — and shoulder pads. After taking stock of the Dolphins, he would likely give them a sell rating.

Fans were booing after less than 12 minutes, and by the fourth quarter the stadium was mostly deserted.

THE ASSOCIATED PRESS

SUNDAY In Miami

41

BILLS

14

DOLPHINS

AROUND FOOTBALL

FALCONS 39, COWBOYS 28

Matt Ryan and Julio Jones connected for two touchdowns, Devonta Freeman ran for 141 yards and three scores, and the Atlanta Falcons beat Dallas 39-28 in the Cowboys' first game without Tony Romo and Dez Bryant.

STEELERS 12, RAMS 6

Ben Roethlisberger was carted off the field with a knee injury in the second half and Pittsburgh's defence came through.

Le'Veon Bell scored from a yard out in the first half in

his first game back after a suspension, but the Steelers' focus will be on the status of their star quarterback. Roethlisberger's leg got caught underneath him on a diving, sliding sack by Mark Barron.

SEAHAWKS 26, BEARS 0

One burst of speed from rookie Tyler Lockett ignited Russell Wilson, Jimmy Graham and the rest of the Seattle Seahawks after a sleepy start against Chicago.

Lockett returned the second-half kickoff 105 yards for a touchdown,

Wilson and Graham connected on a 30-yard TD in the third quarter, and the Seahawks routed the undermanned Bears 26-0 on Sunday.

PATRIOTS 51, JAGUARS 17

Tom Brady became the fourth quarterback in NFL history to



Tom Brady
GETTY IMAGES

throw 400 touchdown passes, connecting for a pair of scores.

Brady completed a one-yard TD pass to Danny Amendola in the second quarter and added a 13-yard touchdown to Keshawn Martin in the third. In all, Brady completed 33 of 42 passes for 358 yards.

THE ASSOCIATED PRESS



Go to metronews.ca for more coverage of Week 3.

The Honda

2015

MODEL

CLEAROUT

LIFETIME ENGINE WARRANTY* on All New Hondas!

COME IN BEFORE EVERYTHING'S GONE!

2015 Civic Sedan LX AUTO STK#4804

MSRP \$21,345

-\$2,500 CASH PURCHASE SAVINGS

= \$18,845

OR FINANCE AT 0.99% up to 84 months OAC PLUS \$1000 CIVIC BONUS!

2015 CRV LX STK#9739

MSRP \$30,045

-\$1,500 CASH PURCHASE SAVINGS

= \$28,545

OR RATES AS LOW AS 0.99% ON SELECT FINANCE OR LEASE TERMS

JUST ARRIVED

The All-New 2016 Honda HR-V & Pilot!!!

HOURS Monday - Thursday 9-9 Friday & Saturday 9-6

WHEATON Honda

WheatonHonda.com

9688-34 AVE. (Auto Drive) 780.463.7688 • 1-866-463-7685

*See dealer for details. Vehicles may not be exactly as illustrated. Subject to availability. Taxes extra. Prices include freight & PDI. 2015 Civic Sedan LX - automatic. Model#FB2FAEX. Stk#W4583. \$20325. @ 0.99%, 0 Down, 84 month financing, bi-weekly payment \$121.62 GST included. OAC. Cost of borrowing \$753.00. Programs subject to change. Offer ends September 30, 2015. Vehicles available at time of printing.

RECIPE Kale Chicken Salad



PHOTO: MAMA VISIONE

Ceri Marsh & Laura Keogh
For Metro Canada

Can we pretend it's summer for just a few more days? A salad for dinner is an easy way to keep things light a little longer.

Ready in
Prep time: 15 minutes
Serves 4

Ingredients

- 2 boneless, skinless chicken breasts
- Salt and pepper to taste
- 1 small head of kale
- 1 Tbsp olive oil
- 1 cup blueberries
- 1 cup pecans, roughly chopped
- Dressing
- 1/2 cup crumbled goat cheese

Directions

- Season chicken with a

pinch of salt and pepper. Grill breasts on the barbecue or a grill pan for about 5 minutes a side until they are cooked through. Set aside.

2. Wash kale and use a sharp knife to cut out the rib of each leaf. Slice the leaves horizontally into ribbons. Drizzle with a bit of olive oil, toss, then massage leaves for a minute or two.

3. Cut chicken into bite-sized pieces. Toss the chicken, berries and pecans in with the kale. Pour a small amount of salad dressing over and toss. Crumble the goat cheese over the salad. Place the extra dressing on the table for anyone who would like a little more on their salad.

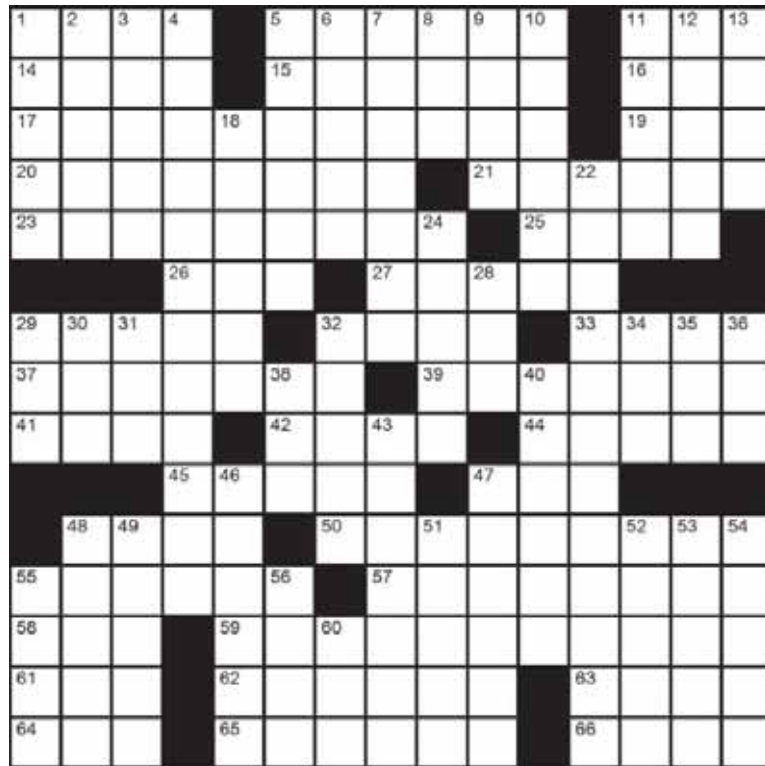
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- Ancient's 750
- Takes time drink- ing: 2 wds.
- Carpentry tool
- Et _ (And others, in Latin)
- Must pay some- one: 2 wds.
- Your, biblically
- Mount Vesuvius de- stroyed Pompeii ... but what other town did it also bury in 79 A.D.?
- Small, small-ly
- Scotland's infamous monster: 2 wds.
- Comfort from strife
- Old-fashioned com- munication: 2 wds.
- Hurry things along
- Author, Anais _
- Like por- ridge bits
- "10" (1979) star Bo
- Dynamites
- Focuses
- Sugar pill, in clinical trials
- Cafeteria uniform requirement
- Macbeth's bur- ial place
- Some PCs
- Hosiery brand
- Skin prod- ucts giant
- Nov.'s follower
- Pasturelands
- _ of North Amer- ica (Nicknae given to Quebec City by English writer Charles Dickens because of its fortification)
- Baggies brand



- Verdi opera, La _
- Blood-typ- ing letters
- Canadian actor whose films include Saving Private Ryan, The Green Mile and 61* in which he played baseball legend Roger

- Maris: 2 wds.
- B'way's setting
- Each
- Reasoned
- Impatient shout!
- Paperback-pur- chasing person
- Ballpark figs.

DOWN

- Arlene and Roald
- Demagogue of ancient Athens
- Around, in dates
- Island of Montreal waterway, a National Historic Site of Can- ada: 2 wds.
- Earnest

- "_ Teenage Werewolf" (1957)
- CPP = Can- ada _ Plan
- Opposite NNW
- Giant of ancient Greek mythology
- Rock band, Faith _
- Bodybuilding

- legend Charles
- Question of selection
- Mr. Lovett
- Dissimilar
- Rare space event spotted by Earth- lings: 2 wds.
- Wood strips
- Airtravel screen- ing gr.
- Printer resolu- tion meas.
- Bitty Brit band
- Campaigned
- "Ain't Too Proud _ _" by The Tem- ptations
- Beethoven's "Minuet _ _"
- Ms. Ryan
- Canonized titles [abbr.]
- BBD = Bell _ DeVoe
- "_ _ _ _" (Be- queather's sentence- starter in a will)
- _ _ _ (Restaurant occupation)
- Meteorologic- al map line
- "Mad Men" guy Don
- Where Tripoli is the capital
- Era
- Actress, _ Dal- las Howard
- Spanish ap- petizers
- Pitching _ _ (Camper's task)
- Some restaurant steak orders
- Whacky
- Superman's outfit part
- Narrow inlet

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
If you are not entirely happy with the way your life is going then do something about it. The lunar eclipse will make it easy for you to get rid of the old and make room for the new.

Taurus April 21 - May 21
Common sense will clash with ambition today. Be careful that your words and actions do not create resentment as it could cause problems down the road.

Gemini May 22 - June 21
Cosmic activity may be boosting your confidence but there are still some things that won't come easy. Don't take anything for granted because the moment you do is the moment things will go wrong.

Cancer June 22 - July 23
So many of the difficulties you have been experiencing recently will fade. There will, of course, still be times when you feel as if life is conspiring against you but accept it and deal with it. It's not a crisis.

Leo July 24 - Aug. 23
You are in a forgiving mood. But let others know you won't be taken advantage of. Don't give the impression that you are going soft!

Virgo Aug. 24 - Sept. 23
You need to accept that certain people and certain situations are too big for you to handle and focus instead on the things that you can have some effect on. Everyone has limits — work within yours.

Libra Sept. 24 - Oct. 23
Good things are happening now but don't take your luck for granted. The lunar eclipse will remind you how easy it is for things to fall apart. Not that they will, but it's a timely warning.

Scorpio Oct. 24 - Nov. 22
Disputes are likely and you will clash with someone in a position of authority. That's okay. The more you fight for your rights now the less likely it is you will be cheated later.

Sagittarius Nov. 23 - Dec. 21
Check the facts, both in your personal life and at work. You must not take anything at face value over the next few days, not even if it comes from a trusted source.

Capricorn Dec. 22 - Jan. 20
Good news is coming your way, but is it good news you can trust? The lunar eclipse warns that there could be a catch. You are skilled at spotting tricksters but today it won't be so easy.

Aquarius Jan. 21 - Feb. 19
You may be enthusiastic about what you are working on but don't take on too many tasks. People won't be amused if you fail to deliver what you promised.

Pisces Feb. 20 - March 20
Make sure you keep track of how much money you spend because you could easily get carried away and empty your pockets without much to show for it at the end.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

McConachie

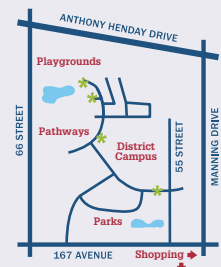
Celebrate the Grand Opening
of 12 **NEW** Showhomes

NEW
Playground
& Parks
Opening
Soon

Join us for a day of family fun on
Saturday, September 26th
from Noon to 5pm.

14 Beautiful Showhomes
in Northeast Edmonton

McConachie.ca | f



Walton™

OUR FALL PRICES ARE DROPPING FASTER THAN THE LEAVES



2012 MERCEDES ML350 4MATIC Full Loaded WAS \$43,995 SALE \$39,950	2010 SUZUKI GRAND VITARA JX 4WD WAS \$13,995 SALE \$11,995	2014 CHRYSLER TOWN & COUNTRY TOURING Over \$8,000 in Savings! WAS \$29,995 SALE \$21,950	2014 RAM 3500 SLT CREW CAB Over \$12,000 in Savings! WAS \$48,995 SALE \$36,980
2015 KIA SORENTO LX AWD Heated Seats Loaded WAS \$27,995 SALE \$25,995	2015 RAM 1500 SLT CREW CAB Only 3,000km Like New WAS \$38,995 SALE \$36,975	2015 FORD ESCAPE TITANIUM 4WD WAS \$29,995 SALE \$28,995	2013 TOYOTA COROLLA 4 Door Sedan WAS \$15,995 SALE \$15,650
2014 BUICK VERANO 4 Door Sedan Loaded WAS \$21,995 SALE \$17,975	2009 DODGE GRAND CARAVAN WAS \$11,995 SALE \$10,975	2006 HUMMER H3 SOLD WAS \$11,995 SALE \$9,995	
2014 GMC TERRAIN SLE AWD WAS \$29,995 SALE \$25,995	2012 KIA SORENTO EX LUX Leather, Sunroof, Max Fully Loaded WAS \$28,995 SALE \$26,975	2014 HYUNDAI TUCSON GL AWD WAS \$25,995 SALE \$23,850	2012 KIA RONDO EX Loaded WAS \$17,995 SALE \$14,750
2014 KIA OPTIMA LX WAS \$20,995 SALE \$19,975	2014 VOLKSWAGEN TIGUAN 4Motion WAS \$32,995 SALE \$29,500	2013 JEEP PATRIOT 4X4 WAS \$19,995 SALE \$17,950	
2013 KIA OPTIMA EX-LUX Fully Loaded WAS \$24,995 SALE \$21,850	2013 KIA RIO LX ECO Low Km WAS \$15,995 SALE \$13,995	CALL OR TEXT FOR PRE-APPROVALS 780 - 965 - 7777	
2015 NISSAN ALTIMA SV Sunroof, Loaded WAS \$25,995 SALE \$21,950	2012 TOYOTA CAMRY LE 4 Door Sedan WAS \$21,995 SALE \$19,950		
2011 MAZDA TRIBUTE GT AWD WAS \$24,995 SALE \$22,870	2011 NISSAN TITAN SV CREW CAB 4X4 WAS \$28,995 SALE \$25,875	2014 HYUNDAI SONATA GL WAS \$21,950 SALE \$18,990	2010 CADILLAC ESCALADE ESV WAS \$45,995 SALE \$38,950
2014 RAM 1500 SLT CREW CAB 4X4 WAS \$36,995 SALE \$33,975	2008 HYUNDAI VERACRUZ LTD AWD WAS \$18,995 SALE \$16,850	2014 KIA FORTE 4 Door Sedan WAS \$18,995 SALE \$16,950	

**NEW 2015 FIAT
500 POP**

Reg: \$18,190 Discount: \$3,690

CLEAROUT: \$14,500 or \$85 b/w

#2796



#5317



**NEW 2014 FIAT
500L 4-DOOR**

CLEAROUT: \$18,990 or \$111 b/w

NEW RAM 1500'S NOW HAVE 0% FINANCING FOR UP TO 72 MOS*

#8210



ALL NEW 2015 CHRYSLER 200

Reg: \$24,789 Discount: \$3,791

CLEAROUT: \$20,998

OWN ME \$116 B/W

#3033



NEW RAM 1500 SPORT 4X4

CLEAROUT: \$34,990

OWN ME \$206 B/W

#8658



NEW 2015 JEEP PATRIOT ALTITUDE 4X4

Reg: \$28,000 Discount: \$6,500

CLEAROUT: \$21,500

OWN ME \$119 B/W

#9738



NEW 2014 RAM 1500 Q/C LARAMIE 4x4

Reg: \$58,399 Discount: \$16,409

CLEAROUT: \$41,990

OWN ME \$246 B/W

#9436



ALL NEW 2015 JEEP RENEGADE

CLEAROUT: \$23,990

OWN ME \$141 B/W

#9638



NEW 2015 RAM 1500 CREW 4X4 SXT HEMI

Reg: \$45,090 Discount: \$15,100

CLEAROUT: \$29,990

OWN ME \$175 B/W

#9292



NEW 2015 DODGE JOURNEY R/T AWD

Reg: \$37,504 Discount: \$7,519

CLEAROUT: \$29,990

OWN ME \$192 B/W AT 0% AT 72 MONTHS

#7585



NEW 2015 RAM 2500 POWERWAGON 4X4

Reg: \$59,955 Discount: \$11,965

CLEAROUT: \$47,990

OWN ME \$281 B/W

#0978



NEW 2015 DODGE GR CARAVAN STOW'N'GO

Reg: \$36,865 Discount: \$12,875

CLEAROUT: \$23,990

OWN ME \$140 B/W

#0717



NEW 2015 RAM 2500 CREW LARAMIE 4X4

Reg: \$73,370 Discount: \$13,380

CLEAROUT: \$59,990

OWN ME \$349 B/W

#1398



NEW 2015 JEEP CHEROKEE

CLEAROUT: \$25,798

OWN ME \$167 B/W

#9114



NEW 2015 RAM 2500 CREW 4X4 SLT

Reg: \$55,660 Discount: \$10,670

CLEAROUT: \$44,990

OWN ME \$263 B/W

#7494



ALL NEW 2015 JEEP GR CHEROKEE ALTITUDE

CLEAROUT: \$48,990

OWN ME \$287 B/W

#32345



NEW 2015 RAM 3500 CREW LARAMIE CUMMINS 4X4

Reg: \$82,405 Discount: \$19,415

CLEAROUT: \$62,990

OWN ME \$369 B/W



Mike Tabler



Leah Francis



Mark Maguire



Sam Nahal



Keith Bedard



Steve Kachkan



Ron Blonar



Brad Leyden



Greg Lewis



Daylan VanHees



Paul O'Mara



Brent McRae



Eddie Yehia



Brad McDonald